

# Meditation May 11, 1661

by Anne Bradstreet

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*The sermon emphasizes the importance of expressing gratitude to God through both words and deeds, and walking in obedience to Him.*

**Scripture:** Psalm 107:19, Psalm 116:1, Psalm 119:10

**Topics:** "Divine Healing", "Grateful Obedience"

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## Description

Anne Bradstreet reflects on her recent illness, acknowledging God's faithfulness in sustaining her through sickness and delivering her from adversity. She expresses her desire to show gratitude not just in words but in actions, living a life that testifies to God's goodness and mercy. Bradstreet's poem conveys her thankfulness for God's restoration, redemption, and healing, as well as her commitment to walk in humble obedience and praise through her life's experiences.

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## Transcript

It hath pleased God to give me a long time of respite for these 4 years that I have had no great fit of sickness, but this year from the middle of January till May I have been by fits very ill and weak. The first of this month I had a fever seized upon me which indeed was the longest and sorest that ever I had, lasting 4 days, and the weather being very hot made it the more tedious, but it pleased the Lord to support my heart in His goodness, and hear my prayers, and to deliver me out of adversity. But alas! I cannot render unto the Lord according to all His loving kindness, nor take the cup of salvation with thanksgiving as I ought to do. Lord, Thou that knowest all things know'st that I desire to testify my thankfulness not only in word, but in deed, that my conversation may speak that Thy vows are upon me.

My thankful heart with glorying tongue

Shall celebrate Thy name,

Who hath restored, redeemed, recured

From sickness, death, and pain.

I cried, Thou seem'st to make some stay,

I sought more earnestly

And in due time Thou succour'st me  
And sent'st me help from high.  
Lord, whilst my fleeting time shall last,  
Thy goodness let me tell,  
And new experience I have gained  
My future doubts repel.  
An humble, faithful life, O Lord,  
Forever let me walk;  
Let my obedience testify  
My praise lies not in talk.  
Accept, O Lord, my simple mite,  
For more I cannot give.  
What Thou bestow'st I shall restore,  
For of thine alms I live.

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Source: <https://sermonindex.net/speakers/anne-bradstreet/meditation-may-11-1661/>

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