

# Ecclesiastes 1:13

by Chuck Smith

---

*Chuck Smith explains that frustration is a desire without fulfillment and that Christ offers a solution to this problem through Himself.*

**Scripture:** Psalm 42:1, Ecclesiastes 1:13, Matthew 11:28, John 7:37

**Topics:** "Spiritual Fulfillment", "Frustration"

---

## Description

Chuck Smith explores the theme of emptiness and frustration in life as depicted in Ecclesiastes 1:13, emphasizing humanity's insatiable thirst for meaning through various pursuits such as wisdom, pleasure, and possessions. He highlights Solomon's conclusion that despite these efforts, life can feel meaningless, leading to psychological struggles rooted in unfulfilled desires. Smith points to Christ as the ultimate answer to this frustration, inviting individuals to come to Him to quench their spiritual thirst and find true fulfillment. The sermon challenges listeners to reflect on their own lives and consider whether they have turned to Christ for satisfaction.

---

## Transcript

"LIFE UNER THE SUN"

I. EMPTY AND FRUSTARATION.

A. Man with knowing thirst.

B. Various foundations.

1. Wisdom.

2. Pleasure.

3. Wine.

4. Great works.

5. Possessions.

C. Results or conclusions.

1. "I hated life."
2. All is empyiness and frustration.
- D. The present day phychologist would of had a great time with Solomon.
- E. Most of our problems of the psyche come from frustration.
1. What is frustration - desire without fullfilment. Unslacked thirst  
- unfulfilled longing.
2. From frustration comes inferiority complex.

## II. THE ANSWER OF CHRIST TO HTE FRUSTRATED LIFE UNDER THE SUN.

- A. "If any man thirst."
  1. Right to heart of problem.
  2. Folly of man failure to recognize spirit.
  3. This thirst originates in spirit.
    - a. It will never be satisfied with soulish experience.
- B. From the guilt and the cycle.

The anser to man's need Christ.

"Come unto me and drink."

Have you come to Christ?

---

Source: <https://sermonindex.net/speakers/chuck-smith/ecclesiastes-113/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**