

# I Samuel 1:15

by Chuck Smith

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*When struggling with a sorrowful spirit, it's essential to take your problems to the right place, which is God, and pour out your soul to Him for results.*

**Scripture:** 1 Samuel 1:10

**Topics:** "Prayer", "Sorrow and Comfort"

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## Description

Chuck Smith emphasizes the importance of pouring out one's soul to God, using Hannah's sorrowful spirit as a poignant example. Hannah, burdened by her barrenness and the strife in her polygamous marriage, found solace not in friends but by earnestly praying to the Lord. Smith highlights that while friends may not fully understand our pain, God is always a safe place to express our deepest sorrows. He encourages believers to cast their cares upon God, who is both understanding and powerful enough to bring about change. Ultimately, Hannah's faith led to her receiving God's blessing, illustrating the transformative power of sincere prayer.

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## Transcript

"POURING OUT YOUR SOUL TO GOD"

I. "I AM A WOMAN OF SORROWFUL SPIRIT."

A. She had come to the place of weeping all the time.

1. She had stopped eating.

2. Her husband didn't understand her.

a. He took her on a vacation and she cried the whole time.

B. Why was she so sorrowful?

1. She was in a polygamous marriage.

a. Any man is a fool who thinks he can meet all the needs of two women at once.

- b. It is all you can do to try to meet one.
- 2. The other wife had become her adversary.
  - a. She was jealous of the preference her husband showed to Hannah.
  - b. She daily taunted her for her barrenness.
- 3. She was barren.
  - a. In that culture, it was considered a curse.
  - b. It was accepted grounds for divorce.
- C. Some of you today have come into the sanctuary with sorrowful spirits
  - 1. It may be that you are having strife in your interpersonal relationships.
  - 2. You may feel as though you can't go on.

## II WHERE TO TAKE A SORROWFUL SPIRIT.

- A. Old adage -- misery loves company.
  - 1. We go to our friend's house. They're having a party.
    - a. Everyone is laughing and having fun.
    - b. Someone finally notices how down you are.
    - c. They try to cheer you up.
    - d. They tell you to forget it and laugh.
    - e. They just don't understand.
  - 2. You finally leave and go to another friend's house.
    - a. Before you can say anything, he starts unloading on you, and his problems are worse than yours. You wouldn't dare lay your trip on him.
  - 3. Within you feel, doesn't anyone understand, won't someone please care?
- B. Verse 10, "And she was in bitterness of soul, and prayed unto the Lord."
  - 1. Our problem is that we often take our problems to those who really can't help.

2. Hannah took her sorrowful soul to the right place.

III. "I HAVE Poured OUT MY SOUL BEFORE THE LORD."

A. The Bible tells us to cast all our cares upon Him for He cares for you.

1. Pouring out your soul to a friend is sometimes a way of losing friendship. (Job.

a. It is disconcerting when the secrets of your soul become the whispers of the crowd because your friend shared with others.

B. Pouring out your soul to the Lord is always safe, He has never betrayed a confidence.

C. Pouring out your soul to the Lord is wise.

1. He is understanding.

2. He has the power and ability to help.

D. Pouring out your soul to God brings results.

1. The priest Eli said to her, "Go in peace, the God of Israel grant thy petition."

2. She went away in faith for she started eating and was no longer sad.

3. She became pregnant.

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Source: <https://sermonindex.net/speakers/chuck-smith/i-samuel-115/>

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