

Psalms 37:1

by Chuck Smith

The sermon emphasizes the importance of resting in the Lord, trusting in His power and sovereignty, and committing our ways unto Him, even when we don't see immediate results.

Scripture: Psalm 37:1, Psalm 37:3-5, Proverbs 3:5-6, Isaiah 40:31, Matthew 11:28-30, Romans 8:28, Philippians 4:6-7, 1 Peter 5:7

Topics: "Trust and Patience", "Resting in God"

Description

Chuck Smith emphasizes the challenge of 'Resting in the Lord' amidst life's turmoil and pressures that lead to anxiety and fear. He reflects on the difficulty of waiting for God's timing, especially when situations seem stagnant and we feel the urge to take action. Smith warns against the temptation to devise our own plans, citing biblical examples of Abraham and Jacob who faced dire consequences for their impatience. He encourages believers to trust in God's sovereignty and care, reminding them that true rest comes from recognizing God's power and personal interest in our lives.

Transcript

"RESTING IN THE LORD"

Intro: We are living in a world of turmoil, there are pressures brought against us daily that create anxiety, worry and fear. I often cry out to God, "What do you want me to do?" He answers, "Just rest in Me."

I. "REST IN THE LORD" IS ONE OF THE MOST DIFFICULT COMMANDMENTS IN THE BIBLE.

A. Especially when it seems nothing is happening.

1. The situation hasn't apparently changed from what it was a year ago.

a. I don't seem to be any closer to a solution, maybe farther.

b. I feel the time has come for action, maybe God does help those...

B. I often feel as though God might need my help to accomplish His purpose.

1. Often in situation, I feel like calling out, "need any help God?"

a. I'm afraid He might answer, "Yes, why don't you keep the world spinning on its axis for a while."

2. I desire action, I can't understand the delay.

a. Yet I am told, "wait patiently for Him."

II. WHAT'S MY ALTERNATIVE? WHAT'S PLAN "B"?

A. Often a decision doesn't seem so good until I consider the alternative.

1. To jump into the firemen's net 6 floors below.

B. Do something about it.

1. We don't always know what to do.

2. Many times what we do is totally wrong.

C. Abraham and Sarah decided on an alternate plan.

D. Jacob tried an alternate plan.

1. Almost lost his life for it.

III. "REST IN THE LORD" IS THE FIFTH IN A SERIES.

A. Vs. 1 "Fret not thyself." Don't get upset.

B. Vs. 3 "Trust in the Lord."

C. Vs. 4 "Delight thyself in the Lord."

D. Vs. 5 "Commit thy way unto the Lord."

E. To obey these commands one must have certain basic foundational truths.

1. God is above all and over all.

a. Greater power in God to help than of Satan to hinder.

2. God is interested in you and your situation.

a. He is not some abstract impersonal force in the universe.

b. He is an all-wise, all-knowing, loving heavenly Father.

c. "Cast your cares upon Him, for He cares for you."

Source: <https://sermonindex.net/speakers/chuck-smith/psalms-371/>

Grow in Your Walk with Christ

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

www.sermonindex.net