

Go Ahead and Cry!

by David Wilkerson

David Wilkerson encourages listeners to cry out to God in their pain, trusting in His love and power to bring healing and transformation.

Scripture: Psalm 34:18, Psalm 51:17, Psalm 126:5, Isaiah 41:10, Matthew 5:4, John 11:35, Romans 8:28, 2 Corinthians 1:3-4, 1 Peter 5:7, Revelation 21:4

Topics: "Healing through Tears", "Trusting God in Pain"

Description

David Wilkerson emphasizes the importance of expressing our pain through tears, encouraging believers to retreat to their secret prayer closets to weep out bitterness and sorrow. He illustrates this with the example of Jesus and Peter, who both wept in their moments of hurt, leading to healing and restoration. Wilkerson reassures that Jesus is attentive to our broken hearts and collects our tears, urging us to cry out in faith rather than in self-pity. He encourages believers to trust in Jesus' love and presence, affirming that God is working in our lives even amidst our struggles. Ultimately, the message is one of hope, resilience, and the transformative power of crying out to God in our pain.

Transcript

When you hurt the worst, go to your secret prayer closet and weep out all your bitterness. Jesus wept. Peter carried with him the hurt of denying the very Son of God and he wept bitterly! He walked alone on the mountains, weeping in sorrow. Those bitter tears worked a sweet miracle in him and he came back to shake the kingdom of Satan.

Years ago a woman who had endured a mastectomy wrote a book entitled *First You Cry*. How true! Recently I talked with a friend who was just informed he had terminal cancer. "The first thing you do," he said, "is cry until there are no more tears left. Then you begin to move closer to Jesus, until you know his arms are holding you tight."

Jesus never looks away from a crying heart. He said, "A broken heart will I not despise" (see Psalm 51:17). Not once will the Lord say, "Get hold of yourself! Stand up and take your medicine! Grit your teeth and dry your tears." No! Jesus bottles every tear in his eternal container.

Do you hurt? Then go ahead and cry. And keep on crying until the tears stop flowing. But let those tears originate only from hurt, not from unbelief or self-pity.

Encourage yourself in the Lord. When the fog surrounds you and you can't see any way out of your dilemma, lie back in the arms of Jesus and simply trust him. He has to do it all! He wants your faith, your confidence. He wants you to cry aloud, "Jesus loves me! He is with me! He will not fail me! He is working it all out, right now! I will not be cast down! I will not be defeated! I will not become a victim of Satan! I will not lose my mind or my direction! God is on my side! I love him and he loves me!"

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