

I Have Poured Out My Soul Before the Lord

by F.B. Meyer

When we pour out our soul to God, He replaces our bitterness with peace and joy.

Scripture: 1 Samuel 1:15, Psalm 62:8, Philippians 4:6

Topics: "Pouring Out Our Souls", "God's Peace"

Description

F.B. Meyer emphasizes the transformative power of pouring out one's soul before the Lord, as exemplified by Hannah's experience of exchanging her bitterness for God's peace. He encourages those burdened by grief, unrealized hopes, or feelings of abandonment to confess and pray, assuring them that God is a refuge. Meyer illustrates that as we release our sorrows to God, He fills us with joy and blessings, leading to a profound change in our countenance and spirit. Ultimately, he reassures that our tears can be transformed into offerings of praise and thanksgiving.

Transcript

I have poured out my soul before the Lord. 1 Sam. i. 15.

HANNAH'S soul was full of complaint and grief, which flowed over into her face and made it sorrowful. But when she had poured out her soul before the Lord, emptying out all its bitterness, the peace of God took the place of her soul's anguish, she went her way, and did eat, and her countenance was no more sad. What a glad exchange! How great the contrast! How much the better for herself, and for her home!

Is your face darkened by the bitterness of your soul? Perhaps the enemy has been vexing you sorely; or there is an unrealized hope, an unfulfilled purpose in your life; or, perchance, the Lord seems to have forgotten you. Poor sufferer, there is nothing for it but to pour out your soul before the Lord. Empty out its contents in confession and prayer. God knows it all; yet tell Him, as if He knew nothing. "Ye people, pour out your hearts before Him. God is a refuge for us." "In everything, by prayer and supplication make your requests known unto God."

As we pour out our bitterness, God pours in his peace. Weeping goes out of one door whilst joy enters at another. We transmit the cup of tears to the Man of Sorrows, and He hands it back to us filled with the blessings of the new covenant. Some day you will come to the spot where you wept and prayed, bringing your offering of praise and thanksgiving.

Source: <https://sermonindex.net/speakers/fb-meyer/i-have-poured-out-my-soul-before-the-lord/>

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