

# Thirteenth Day: 'He Restoreth My soul.'

by J. Wilbur Chapman

---

*J. Wilbur Chapman's sermon emphasizes the causes of spiritual decline and the path to restoration through Scripture, confession, and obedience.*

**Scripture:** Psalm 118:24, Psalm 119:105, John 2:5, Romans 8:2, 1 John 1:9

**Topics:** "Spiritual Renewal", "Gods Restoration"

---

## Description

J. Wilbur Chapman preaches about the causes of spiritual declension, emphasizing the importance of living in the spirit and not giving in to the desires of the flesh. He highlights neglect of the Bible, unconfessed sin, and disobedience to God's call as reasons for spiritual failure. Despite our failures, God waits to restore us to strength, peace, and joy, offering renewal each day.

---

## Transcript

THERE are certain causes for spiritual declension, and they are always to be found in ourselves.

It is true we have the old nature with us, while at the same time we have the new nature, the life of God, but it is no license for us to sin, for Paul writes, "The law of the spirit of life in Christ Jesus hath made me free from the law of sin and death." If you lived yesterday in the flesh, it was at the cost of the spirit. If you live today in the spirit, it shall be at the cost of the flesh.

There is really no excuse for failure if we are living as we ought to live, with Christ between us and temptation, and Christ between us and sin. But, because we have failed, it is well to know the reason; and it may be because--

1. There was some neglect of the Bible--the bread of life, the water of life, the staff of life; and he will be a weak, trembling, falling Christian who lets one day pass without a little portion of it running through his life--like the light to reveal imperfections and like the water to make the temple clean.
2. It may be that there is some unconfessed sin hiding away in the secret recesses of your heart. The children of God do not leap into grievous sin at a bound; there was first some little sin that tarried, was courted, then encouraged to stay, and finally conceived and brought forth a brood of iniquity, which was strong enough to overthrow the ripest saint.
3. It may be that, when God called you to some service, you disobeyed; and disobedience puts you out of tune with heaven. The fact that you are in the world proves that you are indispensable to the working out

of God's plan; the fact that he called you to do something for him clearly indicates that his will must be yours, or there is confusion and strife.

But, whatever the cause, he waits to restore you to the old strength, the lost peace, the old, sweet song that was formerly yours; and he will do it today.

#### SUGGESTIONS FOR TODAY.

1. Start the day with the word of God, and remember that when Jesus won the victory over Satan he said, "It is written."
2. Confess your sins that are past; and, if you fail today, confess to him instantly.
3. Whatsoever he saith unto you, do it.
4. Make a covenant, just for this day.

"Lord, for tomorrow and its needs

I do not pray;

Keep me from stain of sin

Just for today;

Let me both diligently work

And duly pray,

Let me be kind in deed and word,

Just for today;

Let me be slow to do my will,

Prompt to obey;

Help me to sacrifice myself,

Just for today.

Let me no wrong nor idle word

Unthinking say,

Set thou thy seal upon my lips,

Just for today.

So for the morrow and its needs

I do not pray

But keep me, guide me, hold me,

Lord, Just for today."

---

Source: <https://sermonindex.net/speakers/j-wilbur-chapman/thirteenth-day-he-restoreth-my-soul/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**