

A Journal of Mercies

by John Henry Jowett

A journal of mercies can transform a complaining life into one of hope and song by reminding us of God's goodness and blessings.

Scripture: Psalm 77:11

Topics: "Gratitude", "Spiritual Growth"

Description

John Henry Jowett emphasizes the importance of keeping a journal of mercies, inspired by Frances Ridley Havergal's practice of recording God's goodness in her life. By actively seeking and acknowledging God's grace and bounty in our lives, we can experience a deeper communion with Him. Remembering past blessings can dispel fears and provide courage for the present challenges we face, allowing us to march through difficulties with songs of praise.

Transcript

NEHEMIAH ix. 6-11.

"Thou hast performed Thy words: for Thou art righteous." Frances Ridley

Havergal kept a journal of mercies. She had a record book, and she crowded it with her remembrances of God's goodness. She was always on the look-out for tokens of the Lord's grace and bounty, and she found them everywhere.

Everywhere she had communion with a covenant-keeping God. The Bible became to her more and more the history of her own life and experience. Promise after promise told the story of her own triumphs. She appropriated the goodness of God, and she set her own seal to the testimony that God is true.

Many a complaining life would be changed into music and song by a journal of mercies. Many a fear can be dispersed by a ready remembrance. Memory

can be made the handmaid of hope. Yesterday's blessing can kindle the courage of to-day. That is the purposed ministry of "the days that have been." We are to harness the strength of their experiences to the tasks and burdens of to-day; and in the remembrance of God's providences we shall march through our difficulties with singing.

Source: <https://sermonindex.net/speakers/john-henry-jowett/a-journal-of-mercies/>

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