

# Bitterness (Video)

by K.P. Yohannan

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*This sermon addresses the issue of bitterness that many people, both Christians and non-Christians, struggle with. It delves into the definition of bitterness as deep-seated anger, hatred, and resentment towards those who may have mistreated us, leading to emotional damage and hurt. The sermon emphasizes the importance of resolving conflicts, avoiding toxic environments, and making a proactive decision to live in peace with others. It highlights the need to prioritize Christ in our lives, focusing on loving others, forgiving, and letting go of bitterness as we seek to please Him and follow His example.*

**Scripture:** Ephesians 4:31, Colossians 3:13, Matthew 6:14

**Topics:** "Bitterness", "Forgiveness"

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## Description

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## Transcript

We are living in a world, whether Christian or non-Christian, with people that are filled with bitterness, and living a life of bitterness. Dictionary defines bitterness like this. It is a deep-seated anger, hatred, resentment towards someone or something that may have mistreated us.

Bitterness, it is an emotional response from not resolving conflicts. You walked away from the crowd. You avoided them.

You kept quiet. You went to your room. You cried alone.

You came out, you wiped your tears, and you made sure nobody understood that you cried. What happened? Emotionally, you are damaged. You are hurt.

You've been pushed down, but you still live with the memories that hurts. It is a thousand times better to avoid such places and people than getting it and then trying to treat it. It must be our priority, our decision, proactive measure to live in peace with all people.

So what is the answer? The answer is, by nature, we are all corrupt, sinful people. The sons and daughters of Adam, we are all fallen people, always prone to react and do what's wrong and suffer the consequence. So, when we relate our life to the Lord, when Christ becomes more important to me, when Jesus becomes the reason for my living, when I'm more concerned about pleasing Him and be approved by Him, and what offends Him, what hurt Him, I am sad about, I do not want hurt Him.

And Christ tells me, love others as I have loved you. Forgive others. Don't take revenge.

Let it go. As the Father has forgiven you, you forgive. When you stand and pray, you begin by saying, Our Father who art in heaven, hallowed be thy name.

Then as you continue that prayer, you always want to say, Father, just as I have forgiven those who did wrong to me, you also forgive my failures.

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