

# Opening our Eyes to Reality

by K.P. Yohannan

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*This sermon emphasizes the importance of living a life transformed by Christ, highlighting the need to break away from worldly influences and embrace the joy of being with Jesus, even in loneliness. It discusses the call to live as Jesus did on earth, focusing on the significance of allowing the Lord to break our hearts for what breaks His heart and responding with grace. The message encourages walking in reality, seeking to live out God's life daily, and increasing time spent with the Lord through prayer and fasting.*

**Scripture:** Matthew 16:24, John 15:19, Matthew 5:1, Psalm 51:17, Luke 9:23, James 4:8, Mark 9:29, 1 Thessalonians 5:17, Proverbs 3:6

**Topics:** "Transformation in Christ", "Embracing Loneliness for God's Purpose"

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## Description

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## Transcript

How do we get from knowing and becoming? In spiritual reality world, this is exactly the same thing. The call of Christ for you and for me is to come, die and live. How do we live this brief few years on earth as Jesus lived? 99% of the reason why you live the way you live, it is simply because of influence.

It is relatives, friends, Facebook, emails, books you read, music you listen. And this reason why to be like Jesus, it's a lonely walk and no one want to be lonely. But once you cross that border into understanding the joy of being with him, you do not want to run away.

You know the sermon on the mount, you know, chapter 5, 6 and 7, when Jesus saw a multitude, a huge crowd, he called his disciples and went off and sat down and talked to them. It is not preaching. In other words, Jesus saying the answer to the world, my disciples, it is not anything else other than your life being transformed.

In our life journey, one of our desire must be the Lord to break our hearts so that things are break his heart and then give us a grace to respond accordingly, which always cost us something. You cannot enter into

the kingdom reality like this without striving, without dying to something that we all want. So how do we experience godliness? I think walking in reality.

One of the most significant thing we need to understand, using our life on earth as a normal life and looking always, Lord, how can I live your life now? And then he will show you because it's real. Just as the disciples walked with Jesus and saw the multitudes and what was happening, walk with the Lord to these places and faces and events, and then ask the Lord how you must live today, tomorrow, and the days to come. You ask the Lord for grace to increase the time you spend with him in prayer.

Average Christians, it is said, spend less than eight minutes a day in prayer. You cannot know God and understand his heart without being with him. And prayer is not just talking and talking, but listening also.

See if you can add one day of the week for fasting. I encourage you to have the Lord walk with you through your life, especially material things.

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