

# Who Is Looking at You by K P Yohannan

by K.P. Yohannan

---

*The key to a full and meaningful life is to shift our focus from ourselves to others and serve those in need.*

**Duration:** 2:58

**Scripture:** Matthew 22:39, Galatians 6:2, Philippians 2:4, James 1:27, 1 John 3:17

**Topics:** "Selflessness", "Gods Will"

---

## Description

This sermon emphasizes the importance of shifting our focus from ourselves to others, highlighting how self-centered pursuits can lead to emptiness and a lack of meaning in life. The speaker shares observations from traveling and watching people in airports, noting how individuals often believe everyone is looking at them when in reality, people are focused on themselves. The key lesson is to prioritize thinking about others, serving those in need, and aligning our actions with God's will to live a fulfilling and purposeful life.

---

## Transcript

Somebody asked me a question recently. So, where do you live? I said, in the suitcase. This person looked at me as though, you know, I was insane.

Of course, you know, we are laughing. I said, well, the problem is I travel a lot. Kind of, you know, almost every week I'm traveling to somewhere, some country, some, you know, flight I had to catch.

And, you know, we all have hobbies. I'm sure you do something, you know, reading or fishing or whatever. And I find myself kind of often sitting there in these airports and watching people, kind of my hobby.

And I look at people walking by. I mean, they all look different, some strange and all kind of people. And the way people conduct themselves, I can kind of get a sense that they're saying the whole world is looking at them.

Everybody's, you know, kind of staring at them. But the truth of the matter is nobody's looking at them. They are thinking about themselves.

And it's kind of fun to watch people, the body language, the way they conduct themselves and all these different things. Well, here's the lesson, I guess, for me that I must learn continually. That is, a lot of things we do, we acquire, like huge homes or bigger cars or fancy clothes and spend so much money to make our hair look certain way and certain colors and jewelries and all these different things.

You know, nothing bad with this stuff. But the sad thing is how much time we spend being so concerned and worried about ourselves. And that may be the reason why our lives are often so empty and meaningless.

And the way to live a full life, a life with contentment and wholesomeness, it is to think about others. Think about what God wants me to do. Think about those in need that I can pray for and give some help and be part of something.

If nothing else, you know what you can do? Go to a hospital and walk through the corridors and look at people. And maybe some of them will want you to come and ask them what they're doing and what's wrong with them. Maybe say a word of prayer for them and give them a gospel tract or something to read.

I mean, there's a thousand ways that you can do things to bless others. So, the focus no more is me, mine, but others. And that's what Christ is all about.

---

Video: <https://sermonindex2.b-cdn.net/VCrYcVJu8dw.mp4>

Source: <https://sermonindex.net/speakers/kp-yohannan/who-is-looking-at-you-by-k-p-yohannan/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**