

Psalm 131

by Mack Tomlinson

This sermon focuses on the importance of cultivating humility and killing pride, using Psalms 131 as the main text. It emphasizes the need to quiet prideful thoughts, avoid self-exaltation, and seek humility as a daily choice. The speaker highlights how humility should be the normative way of living for Christians, leading to a culture of humility in the church. The ultimate example of humility is seen in Jesus, who willingly submitted to the Father's will and rested in His wisdom.

Scripture: Proverbs 16:18, Psalms 131:1, Matthew 5:5, James 4:6, Philippians 2:3

Topics: "Humility", "Overcoming Pride"

Description

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Transcript

Well, it is good to be back Philip Neely and his wife Christa will be here at Lord willing in three weeks and they send their greetings, and they're looking forward to time with different ones and to worship with you I want to read a couple of passages you can turn with them to with me to them ones in Proverbs 16 and then Psalm 131 Proverbs 16 You know Proverbs always has these contrast the righteous and the wicked the fool and the wise and Here's one Proverbs 16 18 and 19. I want you to hear this this morning because what I'm going to speak about today a hundred percent applies to you And if you don't know who you are it's you It's the least among us though. They're not going to hear yet to the young people to the oldest among us and I guess sadly That's me Seriously, that's me probably but this hundred percent applies to you.

So I want you to hear as if God is speaking Specifically to you because everything I'm going to say Does apply to us individually? Proverbs 16 18 and 19 Pride goes before Destruction And a haughty spirit a prideful spirit before a fall Now destruction there doesn't mean just sudden death it means Failure it means defeat it means bad consequences because pride led a person to act in such a way and then it was not good the outcome a broken relationship a Real consequences of wrong choices So Pride goes before destruction and a haughty spirit and an arrogant prideful spirit before a fall Better to be of a what? humble spirit with the lowly Than to divide the spoil with the proud And Then Psalm 131 Which is really our our text

today Psalm 131 the second shortest chapter in the Bible who remembers what the shortest chapter is anybody 117 well Psalm 131 three verses 61 words depending on your translation probably Psalm 131 this is an Autobiography of David Now what's an autobiography? First of all, what's a biography? Before we adults answer it. I want All the young people at least have a chance to think if they get it, right a biography is something written about somebody else What's an autobiography? It's when you're writing about yourself Okay so this is an Autobiographical psalm that David's writing about himself, but it's also a prayer So, let's read it Psalm 131 Lord My heart is not haughty Same thing is proud Nor are my eyes lofty What would be lofty eyes? It's somebody thinking in their mind Look what I could become. I see greatness I envision fame fortune My eyes being lofty David says my heart is not haughty or my eyes lofty Neither do I exercise myself in great matters or in things too high for me So the first half of the verse is what he was.

He's not proud and arrogant and His eyes aren't lofty. The second half is what he how he acted I'm not exercising myself in great matters or things too high for me surely I Have behaved and quieted myself as a child that is weaned from its mother My soul is even like a weaned child Let Israel hope in the Lord from henceforth and forever I Want to speak to us this morning on attaining? cultivating and attaining humility and killing pride It was pride that got Satan kicked out of heaven and It is pride that will keep us out of heaven and it is pride that will put a person ultimately in hell They can be a good citizen They can be outwardly honest they can be a church member They can be a lot of things but pride When it rules in a person's life will send them to hell so Picture yourself saying to someone My heart's not proud. Well, doesn't that make you proud automatically? Can you say before the Lord my heart is not proud See every one of us are either Basically control control by pride or we're controlled by humility We're either dominated by pride or we're dominated basically by humility by God's grace if someone I Had to characterize you would they say well, he's a humble person She's a humble lady She's a humble girl or he's a proud Arrogant person.

She's a proud woman Beside this song I recently wrote in the margin of my Bible these words It takes real grace to have what's in this psalm short psalm that as Spurgeon said reaches great heights he said it's a this psalm is a short ladder that reaches great heights a Person who come to the place that they really are a humble person. They're not acting, you know, you can't fake humility very long Because faking it means You're a proud person and you're trying to act what is not really true Imagine James Boyce James Montgomery Boyce who pastored in Philadelphia for so long. He said imagine Living with Jesus for three years the disciples, right? Imagine living with Jesus for three years and still wanting to be important yourself Instead of just letting Jesus be important Remember at the end of three years though.

He's heading toward Jerusalem. And what are they conversing about? Who's going to be the greatest in the kingdom? They even get mad at each other so see It's astounding that they were so clueless and not at all on the same page Even after three years of walking with the Lord being with with him Our being self-important or significant is of zero importance. I Had a I had a guy criticizing my book on Leonard Ravenhill And he said that it didn't talk near enough about the Holy Spirit Well, my mind started going Did you really read it? you want to talk about it and Then I realized my Thoughts and my responses were being driven by what? pride Temptation to pride so I said it doesn't matter.

It doesn't matter. I hope the book somehow helped him pride controls and drives and motivates so much more in our lives than we realize and we are increasingly either Only a true Christian has true humility If you're not a Christian You're controlled by pride and that pride will certainly for sure put you in hell Unless you come to Jesus Christ. Our being significant and important is of zero importance, but Christ being significantly Important is of supreme importance So that's what this psalm is about three verses 61 words

If you are a reader of the Psalms Have you ever read this psalm and it struck you? What he's actually saying here.

He's saying I'm not I don't have a proud heart and He's writing under the inspiration of the Spirit. It wasn't false humility It was actually true David had been brought to the place By God's grace and by the Holy Spirit that whatever problems he had he had some didn't he? Just Anger he was he was up and down emotionally he was quick to react at times Whatever problems he had the more he grew in the years past He wasn't controlled by pride So we're going to think about that a little more as we as we go But I want you today and me to see ourselves in this psalm And to honestly face our set to face the reality Lord, what do I take pride in and I need to be honest about it and I need to repent of that Pride is blinding And it's binding If pride in areas blinds us it will bind us It'll put us in bondage in those areas and will deceive ourselves And we won't even realize what's happening. This psalm is easy to read But it has very deep reality to experience While it's one of the simple simplest of all psalms Almost Insignificance you can read it and you're done quickly and the the power of what's really there Has it has it? Affected you it is an intimate personal present tense testimony of David No psalm is more personal and deep as Far as inward Christian experience because if You might not be in a public ministry You might not be in a position of power or influence.

You might not Be well known You might not have outward gifts where people say man They really are good at this or that there might not be anything outward that marks a person's life as being something To be proud of but if they have in their hearts a humble spirit And they just walk with God That's in the sight of God most precious That's the most important thing so let's kind of stroll through this psalm briefly stay with me and Let's let it minister to us David is giving us a glimpse into the state of his heart He's doing open-heart surgery on himself and letting us look in and see actually what's in there This is a deep experience That David has cultivated by God's grace Where he has become? Where he's walking in freedom from pride as a pattern of his life And does that mean he never? Battle pride anymore. No, does that mean he didn't have hiccups and speed bumps where pride? obviously it did but Sometimes we think even as a Christian You know we have this picture of Christians Pride being the prevailing thing and They're always being overcome by and then they have these moments of humility And then it's a pattern of pride again. It ought to be the other way around our life ought to be marked by humility and We have these moments of pride that we repent of and then we're on the path of humility again And only the Holy Spirit can produce this in you We can't work it up We can't fake it and we're in great need of it so a Truly that's what's here a truly humble believer now you look at the psalm before it psalm 130 That's a psalm of forgiveness but psalm 131 is a psalm of humility and Think about this when you compare Old and New Testament psalm 131 is a perfect commentary on Matthew 5 6 which says blessed are the poor in spirit This psalm is a commentary on what Jesus said the blessedness of the true Christian is one Who is poor in spirit? Now here's a I want you to picture this What if the truth of psalm 131 was truly in your life? regularly Do you have this in your heart in life a humble spirit a humble heart? You you don't glory in What you've accomplished you don't glory and take pride in what you know You don't glory and who you know I? Had somebody recently somewhere.

I met and they started talking about Lynn or Ravenhill they didn't know me and Well, I could have I Could have made them impressed be impressed with me. I said yeah, I Wrote the book But I wasn't going to do that So I let it pass There's so much opportunity for us to give in to pride and so Do we what are we glory in? Do we take pride in? Accomplishments do we take pride in our children do we take pride in who we know? Who we've met what we've done what we've accomplished And we we sing the song in Christ

alone, and we one stands in in it is no guilt in life No fear in death How about no pride control in life? No, no pride control in me. That'd be a good thing to add to it.

I don't think it'd work with the music, but Humility is rare It's important. It's essential. It's attractive and it's fragrant What's in these three brief verses it's marked by a tone of simplicity and even childlike ness David says I Am like a weaned child When's the last time you ever saw yourself that way? We don't I'm strong.

I'm I'm mature. I'm knowledgeable. I'm Intelligent, I'm this I'm that we don't say I'm like a weaned child.

I'm just I've been weaned and I'm content and I'm satisfied So When did you and I last say I? Am like a child spiritually and I don't have a proud heart Here's David saying he has a consistent humble heart. That's not proud and eyes What he sees that aren't ego driven So let's let's think about this this psalm. I want you to notice Have it before you says there are three things that were not Representative of David's life as a rule or pattern in other words, whatever he was He's not like this now number one a proud man Dominated by pride number two an ambitious man dominated by carnal ambition lofty eyes number three an intellectually high-minded arrogant person dominated by high thoughts Strong opinions not not thinking we're a know-it-all, but sometimes having that spirit about us and We want to one-up everybody that we think is wrong and what they're saying He was not a proud man.

He was not an ambitious man. He was not in intellectually high-minded arrogant man meaning David wasn't trying to be a big shot or trying to be important That's What was in his heart? Remarkably the greatest king in Israel's history could say this. That's that's unbelievable He didn't think he was right all the time.

Do you? Do I he was not dogmatically opinionated about everything Am I? Are you? There are three things in verse 1 Look at it there three things in verse 1 My heart's not haughty. My eyes aren't lofty and I don't exercise Myself in great matters or things too lofty three things in verse 1. There's tooth. I'm sorry one thing in verse 2 I have behaved and quieted myself like a weaned child and there's one exhortation and Application in verse 3 let Israel let the child of God Hope in the Lord and the context of pride and humility Let him who boasts boast in the Lord Let him who has any glory or pride.

Let it be in the cross. Let it be alien outside of themselves Let Israel hope in the Lord from this moment and Forever number one humility is what David was inwardly verse 1 My heart is not lifted up. My eyes aren't raised too high.

This is completely inward in the heart unseen invisible except to God But it manifests itself outwardly in his life and conduct pride Makes a person speak and act in a certain way. You can see pride in fact Scripture says the wicked pride Is Around their life like a necklace remember sometimes it says that so is humility Be clothed with what humility? so It's completely in the in the heart as Psalm 51 says wisdom in the in the secret heart This is an inner heart change what David is actually claiming here and affirms By the Holy Spirit is amazing I'm not a proud person anymore If pride ever dominated dominated in my life that has been overcome by the work of God's Spirit and God's grace Pride doesn't rule or control or drive my heart Anymore Deuteronomy chapter 8 says this God said to Israel so he humbled you That He might make known to you that man shall not live by bread alone But by every word that proceeds out of the mouth of God God humbles us He brings us through hard things. He brings us through humiliating experiences He lets us stump our toe Spiritually speaking and We realize we're not what we thought And others realize we're not How we presented ourselves to be? Now it's normal to think If you think you're humble If a person thinks they're humble that means they're not But not according to this song if it's real One time

Muhammad Ali was flying on an airplane.

You may have heard this. I think it's a true story and The flight attendant comes by and says sir, would you please buckle your your seat belt? And he says Superman don't need no suit belt seat belt. She said Superman doesn't need an airplane buckle your seat belt So if you think you're great You're probably not But if God has worked humility in your heart by God's grace We should recognize it and be thankful for it and ask for more But to say it out loud like David said here isn't that in that prideful? Seemed like it.

I mean, would you write a book humility and how I tamed it? And it's a best-seller so you write another one the ten most humble people in the world and how I trained the other nine I mean if you if you brag about humility Are you even stated or you think? God's working humility in me. Is that pride? No Not according to this song if a man is truly humble. Can he recognize it? Can he acknowledge it? Well David did here.

He said my heart is present tense not being dominated by pride He didn't say I'm Sinlessly perfect and I never battled pride but he said Pride is not the dominant factor in my life anymore if pride has Dominated me in the past. It's not doing so now if it has filled my eyes and my heart and Driven my heart to ambition for self It's not doing that now Humility was cultivated by David and it's to be cultivated by you and I you and I as believers can progressively move Into becoming more and more of a humble person Cultivating humility living that way it can become a mark of our life the way it was David's life Um David was not he was an unpretentious man. What is unpretentious mean? Alexander do you know what that means? Yeah, he was not pretentious what does it mean to be pretentious It's okay if you don't have it I had to look it up too when I was meditating on this while back Unpretentious means you're not attempting to impress others With the appearance of importance or Being smart or being spiritual you're not trying to impress others Free from motives to impress others to be great or to be known a Close reading of David's life now track with me here because I'm not going to speak long But I want this to settle in on us a close reading of David's life when you read first Kings second Kings first Chronicles second Chronicles Is that that is that the right chronology of David Samuel Jim Simmons? You read his life and you see he wasn't dominated by self-importance in pride as I said passionate times Anger at times impulsiveness.

Yeah, but not predominantly by pride In scripture, this is quite significant. I Studied this out one time in scripture every time someone Who was proud? humble themselves God acted in mercy toward them, but every time a person would not Stop their pride and would not repent God judged them every single time even Ahab and Nebuchadnezzar and I think It was either Jeroboam or Rehoboam Wicked Kings when they humble themselves God Extended mercy to him. He didn't do to him what he was going to do to him evidence of David's active humility Just canvass this with me remember.

He was a warring king But he did not greedily aspire to greatness by attacking other nations All of his wars were defensive in nature to protect Israel He was being a shepherd as the king of Israel all of his wars Were to protect Israel when they were attacked Remember, he did not kill Saul and seize the throne when he could have he waited how many years? 20 years He waited even after Samuel anointed him he waited for God to fulfill his promise to make him king And for Ten years he had to run from Saul and didn't raise his hand against him when he could have killed him twice remember He wouldn't do it When shimmy I little pipsqueak shimmy I? Comes out throwing dirt at him and cursing him The one of David's guys wants to take his head off David said no let him alone. God's letting him do it When David fled before Absalom's young gang who was chasing him David cared more for his son and his insulted authority When David and anger was coming to wipe out wicked and able in his house. He gained self-control through Abigail's intercession He stopped himself from doing what he would have done And he humbled himself not to do it

when religious McCall his wife Got angry about David dancing before the Lord with all his mind David said I'll think I'll do it some more Now he showed a noble humility and Did not quench the spirit rather than preserving his royal dignity She was embarrassed because he was he was the king and she said you should not Act like that you're the king Well he could have chosen his royal dignity for his reputation or to worship God And he chose to worship God.

He showed a noble humility Now he had his faults, but those faults were not primarily self-centeredness egotism and ambition Who among us can say Lord my heart is not proud Hmm David could and it was true secondly not only Humility he says no carnal ambition Beyond what I'm truly supposed to be In the text he says my eyes are not lofty. I'm not exercising myself in great matters, but things to offer me My parents died by the time I was eight and my father owned a ranch And it was sold and it was it was it was saved for my sister and I our future educational so I had I was blessed to go to college and So I've often thought I should have gone to Yale I Could have come out east No, I wasn't smart enough. I Went to a Baptist University in Texas barely made it through flunked college algebra one and had to take it over I saw I saw a t-shirt in the Yale bookstore this week.

It said math is hard. So is life get over it Well David Did not have carnal ambition to be great First no proud heart he came to place where he did really have walk in humility And he was not dominated by pride secondly, he was not motivated and dominated by carnal ambition I want to be great. I can become great.

I'll make myself great. I'll I'll step over people. I'll climb the ladder and I'll become great.

It doesn't matter who I heard it doesn't matter who I manipulate This has to do with High-minded conceit. I think I'm great As somebody said about one arrogant person He's a legend in his own mind. You've heard that right? It's true self-importance in our own mind Scripture says I think of Jeremiah seekest thou great things for thyself Seek them not now David Didn't seek a high position God put him in high position and that's a completely different thing But Here's the current view let no one ever tell you you can't accomplish all your dreams You can be a famous person go for fame run for The governor of Maine and then the presidency the sky's the limit nothing Can ever hold you back from what you can envision and you can work for and you can accomplish it.

Well No we can accomplish and become within the realm of our giftings what God has gifted us for and We can become what God wants us to become and Nothing, nothing else Nothing beyond that Lofty eyes David said I don't have them anymore My eyes what I envision what I want what I want to pursue Have been mortified have been changed have been sanctified. I'm not now trying to be anybody important I'm content with who I am It took me 20 years To become satisfied in the ministry to become content with me and not wanting to preach like someone else and when God did that for me and he set me free of comparing myself with others trying to be like others It brought me into Liberty and freedom now that's applicable in life to anything Not trying to be anybody important I'm a human high-minded intellectual self-ambition being something great accomplishing something big Having position so you you get your identity from that position or that title or that job Hc loophole le you po LD Wrote the best comment here. There is on the Psalms.

It's big but is it it's the best in my opinion. He said this About David there may have been a time when great plans and ambitions Surged through David's heart and drove him down the road of ambition But he exited that road He never got on it again he came to see it was wrong to seek great things for himself David stopped aiming for fame and this whole world is insane with aiming for fame I Want to what do you

want to do? I want to be a Successful blogger. I want to be an actor.

I want to be a singer. I want to get on the voice I want to get on American Idol aiming for fame rather than letting God Make you into what he wants you to be Therein is real purpose and peace and joy and fulfillment You and I don't have to be somebody God hadn't made us to be Now consider the second half of verse 1 Neither do I exercise myself in great matters or things too high for me You think anyone does that on social media? ever in the 1980s soon after we moved to Denton I Decided I would take a graduate level history of philosophy course And I thought I can get through this Well, there are 80 in the class and after a week there were eight in the class. I think it was tough going I said, I'm not quitting.

I'm gonna I'm gonna make it through this course. I mean, you know The professor would say tomorrow. I want you all to be able if I call on you to stand up and summarize Spinoza's Philosophy of God.

Oh Boy, I don't know if I can do this. I said I can I'm gonna learn I'm gonna stick in this class or what? The professor was a very gracious humanist And he said one time As he was going through the Middle Evil times. He said Martin Luther and the Protestant Reformation was the greatest tragedy in all of history So he's lecturing along, you know, so well, what if that professor had said to me? Mr. Tomlinson Listen, I've had a death in the family and and all my graders are Filling in classes.

I don't have anyone to do tomorrow's lecture And I've got to look you're older than these other kids, so would you lecture tomorrow on Aquinas's philosophy Think that that's think I'd be smart thing to do for me to do No It would have been foolish Several weeks ago a friend of mine called me. He said Mac He wasn't in our church. He said could I come by and and let you teach me Revelation chapter 8 and I said why he said because my our Sunday school teacher Asked me to fill in and I've got to teach Revelation 8 And I said no, I won't do it and we're real close.

We've been friends 35 years and He said huh? Why I said because you don't need to do that. You don't you don't have a clue what revelations about and if you want me to come by and give you the cliff notes You'll make a fool yourself you'll be embarrassed and you'll be discouraged they shouldn't have done that to you don't do it and He listened to me He turned them down When we're not ready or equipped or have what it takes To do something we should not have lofty ambitions David wasn't ready to be king When Samuel anointed him was he he had to be prepared He would have been trying to do what was beyond his experience beyond his ability Beyond his calling in his giftedness. Now.

This is profound when he says I don't exercise myself and things too high for me He had a real view of himself and he was saying I'm not going to try to do what's beyond my experience beyond my ability beyond my calling and my giftedness Proverbs 16 pride goes before destruction and a haughty spirit before a fall better To be with the lowly Than to even gain the riches and the spoils with the proud Well, let me hurry on I I Don't exercise myself self and things too lofty What are things that are really lofty to the Lord that we ought to exercise us ourself in? Loving our wives and our children as men Loving the brethren being faithful cultivating faithfulness Staying in the Scriptures walking with God being a humble faithful servant in our church. That's the big stuff in God's eyes That he wants us to cultivate and be about now it's not simple to hold an a position in Ministry of Public Service, but God should have put a God should put a person there and a person not seek it themselves let each of us beware of Carnal ambition Self-control and self Humility are great attainments and must be sought diligently and earnestly Blessed is the one who has become a weaned child Somebody said great men never think they're great and small men never think they're small What do we think of ourselves He Lasha Cole said it's one of the hardest

matters under the Sun to become truly nothing in our eyes, and I'm not talking about putting yourself down and and I'm only a wretched person. That's all I am and I can't do anything.

No, I'm not talking about carnal Putting oneself down but but accurate recognition That we are what we are by the grace of God now Let's hurry on verse 2. How did this happen to David? How did he get from being a proud? ambitious man possibly How did he get from A to B? How did he get from being proud to humble verse 2 is the process? Notice the language surely I have behaved and quieted myself This is language of him taking himself in his mind and his heart by the collar and saying stop it fool Calm down boy. You're not who you think you are Quit stop doing that. I calmed myself Literally, I settled myself down He said things in his mind like relax, let's just think about this more you're really not As great as your ambition is driving you This reflects a possible long conflict In a process of his having to mortify his thoughts about self-greatness.

I'm not going to pursue that Verse 2 is how he grew to possess this reality and achieve this humility. He said I I have Behaved myself. I've quieted myself he stilled his soul and His he hushed himself Well, I could do this I could be that no Not going to go there he put to death selfish ambition It was a weaning process.

That's why I use this picture of a mother with the baby You know when a baby starts getting weaned some of them will throw a fit right and It's hard for them To stop nursing, but once they get weaned They're contented then with their presence that they're not throwing fits. They're not always know they Become more controlled. I've weaned myself so we have to wean our hearts from Self-centeredness and desires for greatness verse 3 then The humble man's exhortation look at this He says let Israel hope in the Lord in the context of pride and ambition and accomplishment or humility There's only one thing to hope in That's the Lord himself not anything about us.

Our hope is alien Outside of ourselves. It's in Christ. So we saying that Christ is sure and steady anchor.

He's not only the anchor He's the ship He's the sails he's the wind in the sails he's the water that carries us it's he's everything and So we must hope in him regardless of our view of ourselves our ambitions our desires The battle with pride we must focus on him looking away to him. This is an all-inclusive Exhortation pride Not before God let all your glory be in him. He gets the credit for everything Without him we can do nothing lofty Self-ambitions let our goals and our gifts and our ministry and our future and our longings all be from him of Him through him for him to him by him hope in The Lord now, I want you to let's apply this as we close Think of the ambitious pride and desire this world Pushes people to to be heard and noticed And what if every Christian every preacher teacher every apologist every blogger ever Facebook friend Every opinion expresser on social media would take this psalm to heart and live it Be a lot less things posted a lot less things said Prideful words not mortified Has destroyed relationships Destroyed families I've seen Facebook stuff happen.

I'm not on Facebook, but Linda is and and She'll say I can't believe this person posted this and then there's a family fight between them and then they're alienated The words of a mouth snared by the words of a mouth one of the most fearful verses in the Bible to me is I've said this here before I think Every one of us will give account for every idle word. We've spoken Makes me shudder The Internet would be far less war of words if Christians would just believe in and apply psalm 131 far less war of words far less contentious dialogue disagreements relationships damaged Solomon says the fool utters all his heart if you Have even the passing thought I probably shouldn't say this don't We must learn to control and stand

down with our drive to express our views correct everybody Get angry at people we've never met Alistair Begg told a story in last summer this past summer when I heard him preach About how our words affect people around us, and we don't even realize it so he he preaches his family's going home and his children in the backseat and this guy cuts him off on the road and Alistair has a harsh word for an idiot and Then the guy keeps driving driving bad. They're still driving down the freeway together and so he keeps Commenting on the guys driving and it gets stronger and Finally the person exits and now stress one final strong Criticism of the driver and Then he hears a voice in the backseat, and there's another kind word from our pastor and He probably hung his head over the steering wheel Out-of-the-mouth of babes now has perfected praise and wisdom Our words do more damage Because of a prideful heart than anything else in our lives if we're marked by anything we ought to be marked by humility and The ability to control our words and not say everything It comes to our mind Final thought humility like with David must be cultivated by daily choices Regularly Quietly with wisdom in our hearts say no to prideful thoughts Say no to lofty eyes high ambitions Stop calling attention to ourselves Stop having self-exalting goals learn to hush our hearts regularly Humility is not to be a momentary victory at times and a life governed normally by pride humility is to be the normative way we live and As we walk in humility, we mortify pride when it raises its ugly head.

We're not to be dominated by pride We're to be dominated by humility. That's to mark the Christians life We must cultivate an atmosphere and culture even of church humility When people know of our church, do they think of? an attitude of superiority an attitude of High knowledge and pride of being better. Do we give off the aroma of? better than Or do we give off the aroma of? Humility and kindness and listening and caring or Being argumentative a city set on a hill Cannot be hidden what we are Shines forth and people see it So here's a testimony by David Psalm 131 of having a consistent humble heart.

That's not proud eyes that are not ego driven a a humble man consistently contended to be he who he truly is with no more self pursuit of self-exaltation It's amazing that David was truly changed. He was not Now what verse 1 says? Proud he was truly stating what's true of him now So is humility? Seen and heard among us or an attitude of pride what shines forth The Lord Jesus is the supreme example of Psalm 131 Willing to be ignorant of some Things about his life as when he was here as a man He didn't know the time of the hour of his coming only the father. He was willing To make himself ignorant of truth in his humiliation here He was content to rest his heart and one consideration father.

I'd like to do your will father It seems good in your sight to reveal truth to babes and to blind Human wisdom to what you're doing you and I Can Progress can make progress and humility We can attain a godly humility as a lifestyle and The reality worked in David's heart here Can be is to be worked in every believers heart This is a powerful song it's a Short one that is a tall ladder that reaches great heights as Spurgeon said let's climb it By the by the work of the Holy Spirit daily he can produce this in us love joy Peace long-suffering gentle gentleness goodness faith meekness temperance meekness is humility in Spirit well my god Work this in us. Let's pray Father we thank you for the word which Challenges us which exposes us Which Stirs us which rebukes us Which shows us truly what we are as we look in the mirror We just acknowledge Lord. We're not What we think we are we are what we are by the grace of God and We we just say today Lord We're thankful that you have made us who we are and not someone else and we want our lives and Our giftings and our calling to please you to glorify you The Lord a humble lady a humble man a humble young person It just walks with God Can be a powerful force in this world Even if we're unknown Bless this psalm to our hearts in the name of our Savior.

We pray Amen Do we sing before the Lord's Supper go right in

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