

Discipline of Our Time

by Mary Wilder Tileston

To live a life of purpose and productivity, we must cultivate discipline, punctuality, and self-control.

Scripture: Proverbs 6:6, Ecclesiastes 9:10, 1 Corinthians 9:26, Ephesians 5:15, Colossians 3:23

Topics: "Christian Discipline", "Spiritual Growth"

Description

Mary Wilder Tileston emphasizes the importance of discipline and punctuality in the Christian life, highlighting the need to run the race of faith with certainty and purpose, to fight spiritual battles with intentionality, and to bring our bodies under subjection through self-discipline. She encourages believers to redeem the time by avoiding procrastination, dawdling, and distractions that hinder spiritual growth and holiness, and instead, to cultivate habits of diligence, punctuality, and readiness for God's work.

Transcript

I therefore so run, not as uncertainly; so fight I, not as one that beateth the air; but I keep under my body, and bring it into subjection.

1 CORINTHIANS 9:26,27

THE slack, indolent temperament, disposed to self indulgence and delay, will find a very practical and helpful discipline in strict punctuality, a fixed habit of rising to the minute, when once a time is settled on; in being always ready for meals, or the various daily matters in which our unpunctuality makes others uncomfortable. Persons have found their whole spiritual life helped and strengthened by steadfastly conquering a habit of dawdling, or of reading newspapers and desultory bits of books, when they ought to be settling about some duty.

H. L. SIDNEY LEAR

Let us "redeem the time." Desultory working, fitful planning, irregular reading, ill-assorted hours, perfunctory or unpunctual execution of business, hurry and bustle, loitering and unreadiness,--these, and such like, are the things which take out the whole pith and power from life, which hinder holiness, and which cat like a canker into our moral being.

HORATIUS BONAR

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