

Fixed Seasons

by Mary Wilder Tileston

Having fixed seasons of devotion throughout the day helps to mould our character to God's pattern and loses the sting of little frailties and worries.

Scripture: Psalm 55:22, Psalm 62:8, Proverbs 3:5, Matthew 11:28, Philippians 4:6

Topics: "Trusting God", "Daily Prayer"

Description

Mary Wilder Tileston preaches about the importance of trusting in God at all times, encouraging people to pour out their hearts before Him as He is a refuge for us. She emphasizes the significance of seeking God's presence and smile to make every burden light, turning to Him in moments of tedious toil and anxious care. Tileston also highlights the value of having fixed seasons for lifting up the heart to God, incorporating momentary acts of prayer throughout daily activities to align one's character with God's pattern and diminish self-focus.

Transcript

Trust in Him at all times; ye people, pour out your heart before Him; God is a refuge for us.

PSALMS 62:8

FROM tedious toil, from anxious care,

Dear Lord, I turn again to Thee;

Thy presence and Thy smile to share

Makes every burden light to me.

RAY PALMER

IT is a good thing to have fixed seasons for lifting up the heart to God, not merely the appointed hours of prayer, but a momentary act before and after meals, beginning any occupation, entering into society, leaving the house, etc. Especially it is a help to make such brief acts after having said or done anything either wrong or foolish, after any trifling vexation or disappointment, when the spirit feels, it may be, wounded and desolate, or when one's vanity is annoyed at having been guilty of some little folly or unseemliness. Sometimes we are more really troubled and sore at trifles of this sort than at far weightier

things. But if all such things were met with a momentary uplifting of the heart to God, all these little frailties and worries would tend to mould the character more and more to God's pattern, and they would assuredly lose their sting; for he who thinks much of God will daily think less of himself.

H. L. SIDNEY LEAR

Source: <https://sermonindex.net/speakers/mary-wilder-tileston/fix-ed-seasons/>

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