

# Getting What You Look For

by Mary Wilder Tileston

---

*By training our minds to look for good and beauty, we can find happiness and fulfillment in every situation.*

**Scripture:** Psalm 36:9, Proverbs 23:7, Philippians 4:8, 1 Thessalonians 5:18

**Topics:** "Positive Thinking", "Gratitude"

---

## Description

Mary Wilder Tileston preaches about the importance of perspective and mindset in shaping our experiences, emphasizing that what we focus on is what we will find in our lives. By training our minds to seek beauty, goodness, and happiness, we can cultivate a life filled with joy and gratitude. Just as Mrs. Ewing found happiness and good in every circumstance, we are encouraged to approach life with a hopeful heart, always seeking reasons for thankfulness.

---

## Transcript

With Thee is the fountain of life; in Thy light shall we see light.

--PSALMS 36:9

How beautiful our lives may be; how bright

In privilege; how fruitful of delight!

And lo! all round us His bright servants stand;

Events, His duteous ministers and wise,

With frowning brows, perhaps, for their disguise,

But with such wells of love in their deep eyes,

And such strong rescue hidden in their hands!

--HENRY SEPTIMUS SUTTON

WE see always what we are looking for, and if our mind has become trained to look for trouble and difficulty and all dark and dreary things, we find just what we seek. On the other hand, it is quite as easy to form the habit of looking always for beauty, for good, for happiness, for gladness, and here, too, we shall

find precisely what we seek.

--J. R. MILLER

I never knew her [Mrs. Ewing] fail to find happiness wherever she was placed, and good in whomever she came across. Whatever her circumstances might be, they always yielded to her causes for thankfulness, and work to be done with a ready and hopeful heart.

--HORATIA K. F. EDEN

---

Source: <https://sermonindex.net/speakers/mary-wilder-tileston/getting-what-you-look-for/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**