

Hide Your Pain

by Mary Wilder Tileston

The sermon emphasizes the importance of hiding our pain to foster kindness and joy in our communities, reflecting the spirit of Jesus.

Scripture: Proverbs 17:22, Isaiah 60:1, Matthew 5:16, 1 Corinthians 16:14, Ephesians 4:32

Topics: "Christian Joy", "Spiritual Witness"

Description

Mary Wilder Tileston preaches about the importance of spreading love and joy to others, whether we are blessed or sad, emphasizing the impact of our attitudes on those around us. She highlights the unkindness of spreading negativity and the beauty of bringing sunshine into the lives of others, even when we are facing darkness ourselves. Tileston encourages hiding our pains while using them as motivation to show kindness and humor to those around us, allowing the spirit of Jesus to shine through us.

Transcript

Let all that ye do be done in love.

1 CORINTHIANS 16:14 (R. V.)

IF thou art blessed,

Then let the sunshine of thy gladness rest

On the dark edges of each cloud that lies

Black in thy brother's skies. If thou art sad,

Still be thou in thy brother's gladness glad.

ANNA E. HAMILTON

WHAT can be more unkind than to communicate our low spirits to others, to go about the world like demons, poisoning the fountains of joy? Have I more light because I have managed to involve those I love in the same gloom as myself? Is it not pleasant to see the sun shining on the mountains, even though we have one of it down in our valley? Oh, the littleness and the meanness of that sickly appetite for sympathy, which will not let us keep our sorrows to ourselves! Let us hide our pains and sorrows. But, while we hide them, let them also be spurs within us to urge us on to all manner of overflowing kindness and sunny

humor to those around us. When the very darkness within us creates a sunshine around us, then has the spirit of Jesus taken possession of our souls.

FREDERICK WM. FABER

She now rarely lost the sacred opportunity of giving pleasure.

SARAH W.STEPHEN

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