

# Look for Reasons to Praise

by Mary Wilder Tileston

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*Praising God leads to a positive attitude and helps us see the good in everything, even in difficult circumstances.*

**Scripture:** Psalm 100:4, Isaiah 63:7, Philippians 4:19, 1 Thessalonians 5:18, Hebrews 13:5

**Topics:** "Gratitude And Praise", "Gods Provision"

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## Description

Mary Wilder Tileston, preaching on gratitude and contentment, encourages starting each day with thanksgiving for even the smallest blessings, leading to a shift from complaining to praising God. She emphasizes the importance of recognizing God's provision in all aspects of life, trusting in His promise to supply every need. Tileston highlights the power of gratitude in revealing the abundance of God's lovingkindness and the multitude of reasons to be thankful, even in the midst of trials and challenges.

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## Transcript

I will mention the lovingkindness of the Lord, and the praises of the Lord, according to all that the Lord hath bestowed on us.

--ISAIAH 63:7

Be content with such things as ye have.

--HEBREWS 13:5

My God shall supply all your need according to His riches in glory by Christ Jesus.

--PHILIPPIANS 4:19

BEGIN with thanking Him for some little thing, and then go on, day by day, adding to your subjects of praise; thus you will find their numbers grow wonderfully; and, in the same proportion, will your subjects of murmuring and complaining diminish, until you see in everything some cause for thanks.giving. If you cannot begin with anything positive, begin with something negative. If your whole lot seems only filled with causes for discontent, at any rate there is some trial that has not been appointed you; and you may thank God for its being withheld from you. It is certain that the more you try to praise, the more you will see how your path and your lying down are beset with mercies, and that the God of love is ever watching to do you good.

--PRISCILLA MAURICE

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