

# Tell Him Your Thoughts

by Mary Wilder Tileston

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*The sermon emphasizes the importance of communing with God, expressing your true feelings, and being honest with Him, even in seasons of dryness and weariness.*

**Scripture:** Psalm 91:4

**Topics:** "Intimacy With God", "Spiritual Communion"

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## Description

Mary Wilder Tileston preaches about the intimate relationship with God, emphasizing the importance of seeking His presence in times of distress and joy, and the need to express genuine feelings and emotions to Him. She encourages believers to be honest with God, even in moments of spiritual dryness and weariness, acknowledging their shortcomings and surrendering their hearts to Him for safekeeping. Tileston highlights the significance of continuous communion with God, whether in times of abundance or lack, and the transformative power of opening one's heart to His love and mercy.

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## Transcript

My soul is also sore vexed; but Thou, O Lord, how long? Return, O Lord, deliver my soul; oh, save me for Thy mercies' sake.

PSALMS 6:3, 4

I LAY my head upon Thy infinite heart,

I hide beneath the shelter of Thy wing;

Pursued and tempted, helpless, I must cling

To Thee, my Father; bid me not depart,

For sin and death pursue, and Life is where Thou art!

ANONYMOUS

ACCUSTOM yourself to commune with God, not with thoughts deliberately formed to be expressed at a certain time, but with the feelings with which your heart is filled. If you enjoy His presence, and feel drawn by the attraction of His love, tell Him that you delight in Him, that you are happy in loving Him, and that He is very good to inspire so much affection in a heart so unworthy of His love. But what shall you say in

seasons of dryness, coldness, weariness? Still say what you have in your heart. Tell God that you no longer find His love within you, that you feel a terrible void, that He wearies you, that His presence does not move you. Say to Him, "O God, look upon my ingratitude, my inconstancy, my unfaithfulness. Take my heart, for I cannot give it; and when Thou hast it, oh, keep it, for I cannot keep it for Thee; and save me in spite of myself."

FRANCOIS DE LA MOTHE FÉNELON

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