

# Thy Burden

by Mary Wilder Tileston

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*The sermon emphasizes the importance of casting our burdens on the Lord for peace and sustenance.*

**Scripture:** Psalm 55:22, Psalm 68:19, Matthew 11:28, Philippians 4:6, 1 Peter 5:7

**Topics:** "Faith And Trust", "Spiritual Freedom"

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## Description

Mary Wilder Tileston preaches on the importance of casting our burdens upon the Lord, emphasizing that when we bring our cares to Him, He not only shares but bears them for us. The burden of our sins and struggles is the greatest burden we carry, but when we surrender it to the Lord, He lifts us up and carries us all the way. By laying our affairs and ourselves on God, we find peace and freedom from pressing cares, trusting in His skill, strength, and care for our well-being.

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## Transcript

Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer the righteous to be moved.

PSALMS 55:22

To Thee I bring my care,

The care I cannot flee;

Thou wilt not only share,

But bear it all for me.

O loving Saviour, now to Thee

I bring the load that wearies me.

FRANCES R. HAVERGAL

CAST thy burden upon the Lord, and He will sustain thee"--burden and all. "Thee" is the greatest burden that thou hast! All other burdens are but slight, but this is a crushing burden. But when we come to the Lord with our burden, He just lifts up His child, burden and all, and bears him all the way home.

CHARLES A. FOX

He lays his affairs and himself on God, and so hath no pressing care; no care but the care of love, how to please, how to honor his Lord. And in this, too, lie depends on Him, both for skill and strength; and, touching the success of things, he leaves that as none of his to be burdened with, casts it on God, and since He careth for it, they need not both care, His care is sufficient. Hence springs peace, inconceivable peace.

ROBERT LEIGHTON

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