

# Humility

by Norman Grubb

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*The key to finding rest is humility and meekness, as demonstrated by Jesus.*

**Scripture:** Psalm 62:1, Matthew 11:28-29, Philippians 2:5, 1 Peter 5:6

**Topics:** "Christian Humility", "Spiritual Rest"

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## Description

Norman Grubb reflects on the importance of finding rest in Jesus, using Matthew 11:28 as a guiding text. He emphasizes the dual nature of rest: the first being the rest of sins forgiven and the second involving taking up the yoke of service with Jesus. Grubb highlights the significance of learning from Jesus, who is meek and lowly in heart, as the key to finding true rest for our souls.

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## Transcript

The Lord gave me a wonderful text when I entered in by God's grace into the first stages of understanding here. He gave it to me when I had to take up new responsibility in this mission from the time our founder died. I was very young for that kind of work then and I remember how the Lord gave me a word as plain as could be. It has been with me ever since, a kind of thermometer. He gave that word on rest in the famous passage of Jesus in Matthew 11:28: "Come unto me, all ye that labour and are heavy laden and I will give you rest," that is the first of the two rests. That rest is a rest, of course, of sins forgiven. Then He goes on, "Take my yoke upon you," that means get into service with me.

Pull the yoke of the Gospel with me; "and learn of me, for I am meek and lowly in heart." That is the key! We'll go into that later on. There's the key! "For I am meek and lowly in heart and ye shall find rest unto your souls." Now we are getting somewhere.

Karuizawa Japan Conference of 1954

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