

# Have You Been Enjoying the Lord

by Sam Caldwell

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*This sermon focuses on the importance of delighting in the Lord, emphasizing the need to find joy in God amidst the challenges of life. The speaker highlights the command to 'Delight thyself also in the Lord' from Psalms 37:4, explaining the significance of being calm in God and fully immersed in Him to truly experience delight. The sermon encourages believers to actively cultivate joy in Jesus through various aspects of life and to find contentment in everything God provides.*

**Scripture:** Psalms 37:4, Acts 17:28, Colossians 3:11, Colossians 3:12, Acts 17:26

**Topics:** "Delighting in the Lord", "Finding Joy in Challenges"

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## Description

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## Transcript

37. Psalm number 37. And I believe we'll have maybe another month's worth of standalone messages, and then I hope to head back to the Sermon on the Mount.

But there are some things we've wanted to cover, and I'm just letting the Lord lead as He leads. And I had another sermon prepared for this week, but the Lord led me in the last few days very, very clearly to this topic, and I hope it helps you. The topic, the thought is this.

It's very simple. Have you been enjoying the Lord? Have you been enjoying the Lord? And when you think even just about the prayers we were just praying, this is one of the most important questions you could ever ask yourself. Do you walk daily enjoying the Lord, enjoying being with Him? Or you could put it this way.

Do you enjoy your Christian life? As darkness encroaches, as globalism and world forces get worse and worse, as our city darkens, as we still want to press against that darkness, we do want to make sure that we're happy in the Lord as we do it. So that's what we're going to talk about today. Very simple sermon.

Have you been enjoying the Lord? Let's look at Psalm 37, just verses one through four. A Psalm of David. Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity, for they shall

soon be cut down like the grass and wither as the green herb.

Trust in the Lord and do good. So shalt thou dwell in the land and verily thou shalt be fed. Delight thyself also in the Lord and he shall give thee the desires of thine heart.

Amen. That's the phrase we want to home in on in verse four. Delight thyself also in the Lord.

I'm going to pray for us one more time. Lord Jesus, this is such an important commandment. And Lord, I do ask that you get my words out of the way, Lord, and that your words, your oracles, and your own interpretation of this verse would come out, Lord.

I ask, Lord, that you give us strength and power to compare this verse with some other sections of scripture. And Lord, I ask that you pierce our hearts, Lord. We are so cold at times.

We're so stiff necked at times, Lord. We need you to come in and to shine the light of this truth upon us today. Lord, we need your power.

We need your spirit, Lord. We need your spirit in full measure upon us today. We need your presence in this room to overwhelm us so that we forget ourselves and that we just eat your word, Lord.

Help us to eat your word, Lord. Help us to devour your word today. Give us single mindedness, Lord.

Give us a single heart toward your truth. Oh, thank you, Lord Jesus. You're so precious, Lord.

We worship you. Amen. Amen.

Just the first four verses of this psalm have a bunch of commandments in them. You might have caught them. First in verse one, it says, fret not thyself because of evildoers.

So there's evil around us. There's crazy things that happen. Crazy things in the government and crazy things even in our families.

Crazy things everywhere. And what does the psalmist say? Don't fret. Don't worry about it.

And then verse three, he gives us another commandment. Trust in the Lord. And then another commandment.

Do good. So we're trusting. We're not fretting.

We're doing good. Dwell in the land. Be fed.

And then verse four, delight thyself also in the Lord. That's the simple command I want us to look at today. Delight thyself also in the Lord.

First notice that it's an also command. Do you all see that little word right in there? There, David is saying to us, you're going to do all these other things, saints. You're out doing all these various things.

You're working your jobs. You're fretting not thyself. You're trusting in the Lord.

You're doing good. You're dwelling in the land. You're being fed.

And also you have to do this. Delight yourself in the Lord. It's an also command.

It's also an always command. This is something we have to be doing all the time in our life. This command can interlace everything else you do in your life.

This command can lie over everything else you do, whatever else you're doing. You got to delight yourself in the Lord and. Let's let me say this in a word, what the psalmist is saying right here is enjoy the Lord.

Look at it again. Delight thyself also in the Lord. He's saying you got to enjoy the Lord.

There's a video that I would ask all of you to look up. It's Bob Jennings. I think it's called Bob Jennings.

Enjoy the Lord. And it's a video right at the end of his life. This is a man I consider to be the best expository preacher I've ever heard.

Bob Jennings. He died in 2014. And it's a little video of him in a living room with some friends around him.

And they all ask him, Bob, what is your end of life advice? He's about to die from pancreatic cancer. And he says, make sure you enjoy the Lord. And then they say, well, Bob, if you had your life to live over again, what would you do different? And he said something remarkable.

He said, well, I might buy a bigger tent. And what I think he meant was, you know, there are many times in my life where I haven't, you know, fed on the joy and the love and the beauty of the Lord. There are many times when I haven't enjoyed my family, he might have said.

And he said, well, I would have just bought a bigger tent. I think that's very beautiful. And I think it's very important for us that as we go through this life, we just are constantly reminded, am I even enjoying this thing? Am I enjoying my Christian life? Am I enjoying the Lord? Buy a bigger tent, Bob Jennings.

I love that. So I want us to go deeper into this verse. Literally, look at it.

It says, delight thyself. Literally, that means in the Hebrew, make yourself delicate. Isn't that interesting? Make yourself delicate.

Means something like quiet yourself, calm yourself, or refresh yourself. And then he says also in the Lord, and that's in Yahweh. So put those pieces together.

It would mean something like this. Make yourself supple, make yourself delicate, calm yourself in Yahweh. I love that it's raining outside today.

And I was asking my wife, well, you know, why does rain make us so glad? But I think rain gives the sense of this verse here. It's a sense that we were calmed by the rain, right? It's coming down upon us. It sort of just focuses us.

It calms us. And also it covers us. It fully envelops us.

And that's what the Psalmist is saying here. Calm yourself in the Lord. Make yourself delicate in the Lord.

So I want to talk today about two keys to enjoying the Lord. When we talk about enjoying the Lord, where do our minds often go? We often go to the means of grace, don't we? If I ask all of you guys, how can you enjoy the Lord more? I'm almost 100% guaranteed what you'd all say. Well, I should read more and I should pray, right? I should read my Bible more and I should pray more.

And that's really good. That's because I think we say that because we've all been under good teaching and we've all been told we need to read our Bible more and we need to pray. And I would say to that, amen, amen, amen.

And if you think of all the means of grace that might come up, those are ways that we enjoy the Lord, aren't they? We read the Bible more and we enjoy the Lord more. We pray more and we enjoy the Lord more. We go to church more and we enjoy the Lord more.

We get baptized, we enjoy the Lord. We take the Lord's supper. We enjoy the Lord more.

We sing more, like we talked about two weeks ago. And we enjoy the Lord more. Those are the means of grace.

But this text gives us something else that I want to talk about today. It gives us spiritual realities that we need to walk in. Do you all see what I'm talking about? We could enjoy the Lord through doing the means of grace more, but I believe we're all doing that already.

We are doing the means of grace. So what I want to call us to today is to walk more deeply in some spiritual realities. So instead of me just telling you things that you ought to do more of, what I want to tell you today is of two spiritual realities that you ought to walk in more consciously.

You all see that? See what I'm talking about? Not just things to do more of, but spiritual realities that we need to walk in with a greater consciousness. We need to see clearly that we're walking in these realities. So here are the two realities.

Calm and immersion. Calm and immersion. And they're right in our verse right here.

So let me clarify this one more time. If you want to enjoy the Lord more, you will enjoy him more through walking in the spiritual reality of calm and then the spiritual reality of immersion. And that's what this verse is talking about.

Delight thyself also in the Lord. Think about those two words and then we're going to dive into this and we're going to compare other passages of scripture. So I hope everyone's awake.

Is everyone awake? Everyone with me? Everyone ready? Okay. Because this is so encouraging to me and it's helped me so much, again, to see that the way I grow in the Lord, the way we grow, the way we enjoy him more is not just through doing the means of grace more, but it's through getting our minds and our hearts enlivened to these spiritual realities that we need to walk in. Again, they are calm and immersion.

And let's start before we even get to those two points. Just think of taking a bath for a second. Okay? You take a bath.

You get in the water. You're immersed, right? And then what happens? Your whole body is calmed. You forget the rest of your life.

You forget your workplace. You forget other duties. And then you start to enjoy more.

So that's what we're going to talk about. Calm and immersion. And it might be difficult to talk about because we're talking about spiritual realities that Satan and the demons don't want us to walk in.

We're talking about spiritual realities that our flesh also doesn't want to walk in. And the world certainly doesn't want us to walk in these things. So let's look at it.

First, calm. Calm. Verse four, delight thyself.

I've told you it means make yourself delicate, quiet yourself, calm yourself, or refresh yourself. That is an amazing idea that we are called to calm ourselves in the Lord. To dramatize this, I want to bring you to Isaiah chapter 28.

We're going to turn to about five different texts. So get your fingers ready to exercise here. Isaiah chapter 28.

I'm going to show you three different texts from Isaiah that illustrate what I'm talking about. We're talking about a spiritual reality of calm in the presence of the Lord. Look at Isaiah chapter 28.

And in Isaiah chapter 28 to 32, you see this initial part of the book of Isaiah chapters 1 through 40. It's a book of woes. And Isaiah is looking at all these different nations, and he's calling down woe upon them.

He starts with nations like Egypt, Rahab. He's calling down woe upon them. And as he goes on, and you get to the late 20s and the early 30s of Isaiah, he gets closer and closer to home.

And you notice in chapter 28, he starts to call down Ephraim. And as we go on in these chapters, he'll look at Judah. So you see that he's getting closer and closer to Jerusalem, actually.

So you all see that he's calling out woes on people. And now he comes closer and closer to God's people. And as he calls out those woes, he also gives these nations and these tribes, he gives them glimpses of the answer, how to get out of the woe.

And the answer always is rest in Christ. He gives them these little hints of who Christ is, what Christ is like. And he's basically telling them over and over again, go rest in him.

He's a rock. He provides shade. He's a covering.

And he'll just point them to this Christ. So I'm going to give you these three places in chapters 28 through 32, where Isaiah is calling the people of God to rest, to find calm, to find peace in their God. And what you'll notice about the first two places is that they hear this and they say, no, we don't want it.

So this should be instructive for us. Again, we're talking about how to get into that spiritual reality of calm and quiet and rest. Let's see what happens here.

This is such an amazing progression. And I'm just going to point out a few verses for you so you can write these down or just mark them in your Bibles. But look at what happens here.

Chapter 28, he's pronouncing woe upon Ephraim. You look at chapter 28 of Isaiah and look at verse five and it says, in that day shall the Lord of hosts be for a crown of glory and for a diadem of beauty unto the residue of his people. Wow.

Isaiah is saying the Lord is a crown for you. He's a diadem of beauty for you. He can crown you.

You hide under that crown. And then look at verse 12. It says to whom he said, this is the rest wherewith ye may cause the weary to rest.

This is the refreshing, yet they would not hear. So that's the first place. Isaiah says there's a rest, there's a calm.

And what are the two words he uses? A rest or a refreshing. Doesn't that sound good? He's calling them to hide in Christ and to find a rest and a refreshing. And then what do they do? They would not hear.

Now, is anyone in this room like that? God is calling you to rest. He's calling you to delight yourself, to be calm in the Lord. And do you ever say, no, thanks.

Look at the next verse. Verse 13. This tells us why they would not rest.

It says, but the word of the Lord was unto them precept upon precept, precept upon precept, line upon line, line upon line, here a little and there a little, that they might go and fall backward and be broken and snared and taken. Wow. Did you all see what happened there? God offered to them rest and he offered to them refreshing.

And they said no. And why? Because they want cold learning. They're legalists.

They want the letter of the law. You all see that in verse 13? The word of the Lord was to them, they just want precept and precept. They want line and line.

They basically want the cold letter of the law. They don't want what God was offering them in verse 12, which is that calm, that living word, that rest, that refreshing that God has to offer. So there's our first lesson from Isaiah.

He offers us calm. He offers us rest. And we say, no, I want the pride of my learning.

I want to show people that I have good doctrine. I want to just learn the Bible line upon line, precept upon precept. Don't talk to me about some actual spiritual relationship with my Lord.

I'm a legalist. I want cold learning. That's our first lesson.

Now go to Isaiah chapter 30 and verse 15. And again, the Lord offers them the same thing. Isaiah chapter 30 and verse 15.

And it says, for thus saith the Lord, the holy one of Israel in returning and rest, shall ye be saved in quietness and in confidence shall be your strength and ye would not. Wow. Isn't that beautiful? What does he offer them there? Returning, rest, quietness, confidence.

That's that calm that we were talking about. God is saying you could delight yourself in me. You could be calm in me.

You could say goodbye to all of your fears and all of your anxieties in me. And then what do they say? Verse 15. He would not.

They say no. And now why do they say that? Verse 16. But he said no, for we will flee upon horses.

Therefore, shall he flee and we will ride upon the swift. Therefore, shall they that pursue you be swift? It's so beautiful, isn't it? God is offering people. And how often do we see this in our own selves, in our own souls, in our own houses? God is offering us in verse 15.

Returning, rest, quietness, confidence. And we say, no, I want a horse. What does a horse mean? A horse, if you go back to Deuteronomy 17, means riches.

I want the riches of Egypt. I want power. I want the flesh.

A horse always stands for worldly riches and worldly power. The arm of the flesh. We're so stupid, aren't we? God offers us returning rest and a quietness.

He's offering us a calm for our souls, confidence. And we say, no, I want a horse. I want the swift.

Then turn to Isaiah chapter 32. And here's the third one. And at this point, the people of God have started to learn something.

And this time they don't say no. But just think of your own stubborn heart, please, Christian, as we're looking at these texts. Think of how God today is offering you that you would delight yourself in him, that you would walk in this spiritual reality I'm trying to tell you about, where you become calm.

You come to delight yourself in him, which means you're not thinking about anything else. You're not worried about anything else. And how often in your Christian life have you then said, no, I don't want that.

I want the letter of the law. No, I don't want that. I want a horse.

I want riches. I want what the world has to offer. I want some power that I can show people.

I want some muscle here in chapter 32. They've learned their lesson. And just look at this first 15.

This is one of the most beautiful pictures of revival realities in the Christian life. It says, verse 15, until the spirit be poured upon us from on high and the wilderness be a fruitful field and the fruitful field be counted for a forest. Then judgment shall dwell in the wilderness and righteousness remain in the fruitful field.

And here it is. And the work of righteousness shall be peace and the effect of righteousness, quietness and assurance forever. And my people shall dwell in a peaceable habitation and ensure dwellings and in quiet resting places.

Amen. Hallelujah. When it shall hail coming down on the forest and the city shall be low in a low place.

Verse 20, blessed are ye that sow beside all waters that send forth thither the feet of the ox and the ass. Isn't that beautiful, brothers and sisters? What's happened there? There's no longer any objection there. In verse 17, what has God offered them? That same calm, that delight that I've been telling you about.

He offers them peace, quietness, assurance forever. Do you know how many Christians there are that say, I'm a Christian, but I don't have assurance of salvation. He offers us here assurance forever.

You know, you're saved. You're calm in him. You're there.

You're already in heaven. There are no questions. You're not bugged by anything the world does to you.

Verse 18, a peaceable habitation, sure dwellings, quiet resting places. You say, I don't even care. I don't care about what apartment or what house I'm in or anything like that.

I have this spiritual, peaceable habitation. I have this spiritual, sure dwelling, these quiet resting places. Isn't that beautiful? And here they don't offer an objection.

Why don't they offer an objection? It's because they're surrounded by revival realities. Let me tell you what those realities were. Just look one more time.

Verse 15, the Holy Spirit. The Holy Spirit is being poured out upon them from on high. Verse 16, justice.

There's judgment and justice and righteousness all around them. These are people who know what's true. Verses 17 and 18, they're walking in that rest, that calm that God gives them.

Verse 19, there's protection. They know they're protected. And verse 20, there's evangelism.

Blessed are all ye that sow beside all waters, that send forth thither the feet of the ox and the ass. That is a picture of missions. That's a picture of evangelism.

In the midst of this beautiful spiritual rest where you're calm, you're also sending forth, sending out the oxen. You're evangelizing. Isn't that a beautiful revival passage right there? Now, what have I been telling you about all this stuff for? Well, so that we can go back to Psalm 37, if you would turn back there.

Verse 4, 37 verse 4, and we can say, delight thyself also in the Lord. I've just tried to dramatize to you what David is talking about. He's saying, be calm in the Lord.

Delight in him. Find peace in him. Find that rest in him and in nothing else.

It's a quietness. It's a contentment. It's a sense of being entire, being complete, being totally content.

Shiloh, my baby boy, has started to have this phenomenon that I call the mid-meal scream. Any parents had anything like this? So he screams before the meal, right? And that shows that he needs to eat. And then he's mid-meal, and you stop and you burp him a little bit.

And if he's not full at that point, he'll just go, he offers this crazy scream. And I started to think that he actually has like a hunger meter in his belly, where the meter will go off and say, belly half full. And if it's not half full, he'll just lose it.

But at the end of the meal, when he's fully full, what happens? He can basically go to sleep. He's totally content. That's what David is talking about here.

Calm thyself in the Lord. Delight thyself in the Lord. And many, many of us can say, oh, I'm only at half full.

I'm only half content in the Lord. And so, you know, I'm basically living a frantic life, a life of screaming like a baby, right? But we want to get to that point where it's like, no, the pure milk of the word, whatever God has given me, I'm content. I've got it.

I have a plan for next month. I have a plan for next year. There's something I want.

Okay, we need a new car, whatever it is. We need something else. Yes, we do have needs, but ultimately I'm quiet.

I'm calm. I've got it all right now. We've got to get to that place.

That means that we're delighting ourselves in the Lord. There's a beautiful story of Smith Wigglesworth when he went to Australia and there was a millionaire who was a Christian and he would walk alongside Smith Wigglesworth and he kept saying, Brother Wigglesworth, I could offer you anything. And we in Australia, we want to get you a gift.

We want to get you a nice gift because you're a man of God. And they would keep walking and Wigglesworth would just say, I want nothing. I want nothing.

Thank you, brother, but I want nothing. And it started to drive this millionaire mad. And he would say, but I have millions.

I can give you anything. And we love your ministry so much. We want to give to you.

And he would just say, I want for nothing. I want for nothing. And then as it went on, this millionaire started to say, you know, I like hearing you say that.

I can't say those words. And he would say, brother Wigglesworth, would you say that again? And then Wigglesworth would say, I want for nothing. And isn't that beautiful? He could have had what? A new house.

He could have had whatever this guy had to offer him. He probably could have bought a town in Australia. And this Wigglesworth is just saying, I'm good.

I delight myself in the Lord. I'm calm in him. Isn't that beautiful? I've asked you all today, have you been enjoying the Lord? And I'm telling you that there are two ways we enjoy the Lord more spiritual realities that we walk in.

The first one is that we're calm in him. We're calm. We're satisfied.

You got to walk in that brothers and sisters. I've told you about it, but now you have to actually go walk in it. And the second one is this immersion.

And let's get this. Look at our verse one more time. Psalm 37, verse four, delight thyself also in the Lord.

Now, this could be talking about the object of the verb. So take delight in who? In the Lord. Right.

But it's also talking about a sphere, a sphere of reality. So delight yourself where? Delight yourself in the Lord. Delight yourself in the sphere of the Lord.

And this is talking about full immersion in the Lord. So you know that if you were with your spouse and you were delighting yourself in that person, but then your mind is always going to, well, I wish I were talking with someone else. Would you be delighting in your spouse? No.

Or if you live in Maine and you say, oh, yeah, I love living in Maine, I delight myself in Maine, but I'm always thinking of California. Then are you truly delighting in Maine? You see what I'm talking about? So he's calling us here to delight ourselves in the Lord. It's talking about a sphere of activity.

It's talking about being immersed in the Lord. We say, I love my Christian life, but I wonder what it would be like to be a Muslim. Right.

We would all say that's that's insane talk, is it not? I love my spouse, but I am thinking of my cousin. That would be really sick, wouldn't it? So right here, he's saying delight thyself in the Lord, not in anything else. In order to enjoy the Lord, you must step into a life of full immersion.

And did you know that that's why we all get baptized in water? We get baptized in water to show that we are being immersed into Christ, to show that we're being immersed into our God. We're immersed in water, but then we're called to live this life of verse four, where we delight ourselves also in the Lord. Did you know that there are two types of Christians, that there are some who are immersed and that there are some Christians who are just half in? Did you know that there are deep end Christians and shallow end Christians? You know, all of us have been baptized.

All of us know that we are in Christ, right? But if you want to truly enjoy the Lord, this is the simple thing. The second thing I really wanted to tell you all, you have to be immersed in him. You have to step into a life where you know that you are always in him and there's no getting out because you wouldn't want to get out.

You're immersed. You're sunk in him. There's nothing but Christ around you.

So what are we talking about? Enjoying the Lord. And I've said the first way we have to enjoy the Lord is to be calm in him. But the second one is to know that you're fully immersed in him.

This is so very, very important. I'm sure you all have felt this, haven't you? You're sunk in the Lord. You're immersed in him.

You're aware that he's present everywhere. You're aware that you wouldn't want anything but him. But then you reach your arm over here and all of a sudden this arm is out in the world and you're dabbling with something in the world, right? And then you know you're not immersed anymore.

And what you'll then realize is you're no longer enjoying him. To truly enjoy him, to truly delight in him, it has to be this full immersion at all times. I want to show you two verses.

Turn with me to Acts chapter 17. Look at Acts chapter 17 verses 26 through 28. 17 verse 26.

And hath made of one blood all nations of men for to dwell on all the face of the earth and hath determined the times before appointed and the bounds of their habitation that they should seek the Lord if happily they might feel after him and find him though he be not far from every one of us. Verse 28. For in him we live and move and have our being.

As certain also of your own poets have said, for we are also his offspring. You all, I would ask you to circle or write down verse 28. This is one of the most transforming truths in the whole Bible.

Not just that you are baptized into water, but that when you come to live as a Christian, verse 28 becomes true for you and you grasp this reality and you walk in it. In him we live and move and have our being. That's the highest statement in scripture of full immersion in God.

Isn't that beautiful? In him we live, we move, we have our being. It's inescapable. We're totally immersed in God.

I love that. And you might ask, why does swimming make us feel so good? Why does it feel so good to just do like a cannonball into the deep end of a pool? I've often wondered about that. For me, it's one of the

times in life when I can most easily forget everything else is when I just dive into water.

Everything else goes away. If you want to truly delight yourself in the Lord, you have to dive in all the way and you have to give up everything else that pulls you back out of the water. You all know what I'm talking about.

You turn on a show and it's a dirty show and you know you shouldn't be watching it. And all of a sudden you're not immersed in God anymore. You're out there in the world.

But when you stay and you stay on holy ground and you stay doing holy things and you stay thinking holy thoughts and you stay delighting yourself in good things in your family and in the world all around you, you stay immersed and then you truly delight yourself in God. That's the reality we have to live in. Verse 28, for in him we live and move and have our being.

That's the immersion that helps us, that makes us to delight ourselves in God. Praise the Lord. It's so beautiful.

Look with me at Colossians chapter three in verse 11. Colossians chapter three in verse 11. And you see what we're doing in this sermon.

We're comparing scripture with scripture. I'm trying to explain to you what it means to truly delight yourself in the Lord. Colossians three and verse 11.

Look at it. It says where there is neither Greek nor Jew, circumcision nor uncircumcision, barbarian Scythian bond nor free, but Christ is all and in all. That again is a statement of immersion.

You all see that? That's not just baptism immersion. That's in Christ immersion. That's spiritual immersion where you can say beyond the shadow of a doubt, Christ now for me is all and he's in all.

That's the reality we have to step into. And then look at this in Colossians you all. That's the reality that then triggers everything else in the Christian life.

Look what Paul says in verse 12. Put on therefore as the elect of God, holy and beloved, vows of mercies, kindness, humbleness of mind, meekness, long suffering. Think about that with me brothers and sisters.

First you have to realize your full immersion in Christ. You have to get to that place where you realize Christ is all and in all. I want nothing else.

He's sufficient. He's everything. And then you walk as a Christian.

Then you put on vows of mercies, kindness, humbleness of mind, meekness, long suffering. Then we love each other. Then we function as a church.

But we need that full immersion. Can you honestly say that? Is that the chant of your day? Christ is all and in all. I'm immersed in him.

I don't want to go anywhere else. I don't want to stick my hand out here to that Netflix show. I don't want some trash over here.

I don't want pornography over here. I don't want lies over here. I don't want to get into that argumentative conversation over here.

It's just Christ is all and in all. Go back to Psalm 37 and we'll close by looking at verse 4 yet again. I just wanted to exposit or open up this one commandment to you.

I've told you that it's an all of life commandment. It's an always commandment. It's an also commandment.

As you're doing all the other things of your life, this command has to be a banner over it all. Delight thyself also in the Lord. And I've told you, how do we do that? What are the spiritual realities we have to walk in? First, that calm.

I'm calmed in him. I'm delighting in him. And the second thing is that immersion.

I'm in the Lord. I don't want to step out of this. I want to be fully immersed in Christ every moment of my life.

Amen. No? I want to give you four things to apply this to your heart as we close. Here are some questions or no really just pointers for you as we close here.

Radically find Christ in every aspect of your life. That's the first thing. And I have to keep reminding myself, why are we even talking about this? So that you would truly delight yourself in the Lord.

We said at the start of the sermon, if we want to do anything for the Lord, we have to be delighting ourselves in the Lord, right? If we want to be successful in getting the gospel out there, we all need to be happy in the Lord. If we want to raise godly children, we all need to be happy in the Lord as we raise them, right? Or else they're going to know that we're hypocrites. So we're talking about how we delight ourselves in the Lord.

This first application I'm giving you is this. Radically find Christ in every aspect of your life. It was raining today.

Did you find Christ in that? I saw a stone outside today. Did I find Christ in that? I'm not talking about panentheism or whatever it's called, right? Where people say, that is God, that is God. No, we're talking about that life of full immersion where Christ is all and he's in all.

You drove in the car today. Was Christ with you, right? We're radically finding him everywhere. Do you find his presence with you always? You changed your diaper.

Christ is there with you. That's meaningful. You're doing something that matters for the kingdom.

Second application, live a mature integrated Christian life where nothing you do contradicts the presence of Christ. We're talking about a mature integrated Christian life where nothing we do contradicts the presence of Christ. It's so worth it, isn't it? To live with a clean conscience where you can say, yeah, I gave up on that show.

I gave up on that habit. I don't do that anymore. It just doesn't fit because I'm immersed in Jesus.

You see, it doesn't fit anymore. There's no place for that in my life anymore. I'm immersed in Jesus, right? Third thing to apply this to your soul, actively do things that cultivate delight in Jesus.

And this has to be so personal to you. I love learning the mandolin. When I try to learn that little silly instrument, I can actively cultivate delight in Jesus while I'm doing it.

There are certain things I love to eat and I can say, well, I'm eating this. I'm actively delighting in Jesus. But I just don't know what it is for you, but you all know what it is, right? There are certain places in our apartment where I love to just look out the window and I know that there I'm cultivating delight in Jesus.

What are those things for you guys? You have to find those things. You've got to do them so that you can fulfill this commandment, delight thyself also in the Lord. You've got to do them.

You've got to pursue those things and not pursue other things. And here's the final thing. Very, very important.

Delight in God by delighting in everything that he gives you. Oh, this is so important because we can look at this verse again and we can get really cold about it and we can almost become Gnostics, can't we? Delight thyself also in the Lord. Okay.

That means when I'm alone with the Lord, right? Or that's talking about only a spiritual reality that I will cultivate in my closet. But that's not just what David is saying here. Delight thyself also in the Lord.

Delight yourself in God by delighting in everything he gives you. God gives you a baby, so delight in the baby and you will be delighting in the Lord. God gives you a car, so delight in the car and you will be delighting in the Lord.

You see that? God gives you a job, so delight in the job and you'll be delighting in the Lord. God gives you music, so delight in music and you'll be delighting in the Lord because he gave you that gift, no? God gives you weather, so delight in the weather and you will be delighting in the giver of that weather. You see what I'm talking about? My question for you was, have you been enjoying the Lord? And I just hope that each and every one of you would take this commandment home and just learn to love it, learn to follow it.

Isn't that amazing? The Bible tells us this, delight thyself also in the Lord. That's not only our command, that's our privilege. I get to delight myself in the Lord.

And I again want to exhort you to do that by finding calm in your souls and by immersing yourselves fully in him. I hope that picture sticks with you. The next time you go to sin, just say, is Christ all and in all right now? Am I in the deep end or am I trying to jump out of the pool? What a beautiful privilege.

We get to delight ourselves also in the Lord. I thank you so much, Lord Jesus, that you would open up your word to us in kindness, in your love. Lord, please pierce our hearts and please teach us about these.

I believe these are difficult spiritual realities, Lord, that we would actually be calmed in you, that we would be made delicate in you, Lord, that we would be at rest in you. That's a difficult thing to do, but you've fully equipped us for it. And then secondly, Lord, that we would be in the Lord, that we would be immersed in you, that we wouldn't want to go anywhere else.

Oh, Lord, please teach us. Thank you, Jesus. Thank you, Jesus.

Hallelujah, hallelujah. We praise your name. Amen.

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