

At Terce, Sext and None on Monday

by St. Benedict of Nursia

St. Benedict emphasizes the importance of daily recitation of Psalms during specific Hours to enhance communal worship and spiritual growth.

Scripture: Psalm 118:1, Psalm 119:105, Psalm 120:1, Psalm 121:7, Psalm 122:1, Psalm 123:2, Psalm 124:8 - 125:1, Psalm 126:3, Psalm 127:1

Topics: "Daily Prayer", "Liturgical Worship"

Description

St. Benedict of Nursia emphasizes the importance of daily recitation of Psalms during specific Hours, starting with Psalms 118 on Sunday and Monday, followed by Psalms 119 to 127 from Tuesday onwards at Terce, Sext, and None. The repetition of these Psalms daily until Sunday is encouraged, maintaining consistency in the arrangement of hymns, lessons, and verses for each day, ensuring that Prime on Sunday always commences with Psalms 118.

Transcript

At Terce, Sext and None on Monday let the nine remaining sections of Psalm 118 be said, three at each of these Hours. Psalm 118 having been completed, therefore, on two days, Sunday and Monday, let the nine Psalms from Psalm 119 to Psalm 127 be said at Terce, Sext and None, three at each Hour, beginning with Tuesday. And let these same Psalms be repeated every day until Sunday at the same Hours, while the arrangement of hymns, lessons and verses is kept the same on all days; and thus Prime on Sunday will always begin with Psalm 118.

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/at-terce-sex-and-none-on-monday/>

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