

Let a Man Consider

by St. Benedict of Nursia

Let us be mindful of our actions and thoughts, knowing that God sees all and judges us accordingly.

Scripture: Psalm 94:11

Topics: "Accountability To God", "Personal Sanctification"

Description

St. Benedict of Nursia emphasizes the importance of recognizing that God sees and knows everything we do, with our actions constantly visible to Him and reported by angels. The Prophet's words in Psalms highlight God as the Searcher of minds and hearts, knowing our thoughts from afar and that our thoughts will confess to Him. St. Benedict urges believers to be mindful of their wrongful thoughts, striving to keep themselves from iniquity to be spotless before God.

Transcript

Let a man consider

that God is always looking at him from heaven,

that his actions are everywhere visible to the divine eyes

and are constantly being reported to God by the Angels.

This is what the Prophet shows us

when he represents God as ever present within our thoughts,

in the words "Searcher of minds and hearts is God" (Ps. 7:10)

and again in the words "The Lord knows the thoughts of men" (Ps. 93[94]:11).

Again he says,

"You have read my thoughts from afar" (Ps. 13[14]:3)

and "The thoughts of people will confess to You" (Ps. 75[76]:11).

In order that he may be careful

about his wrongful thoughts, therefore,
let the faithful brother say constantly in his heart,
"Then shall I be spotless before Him,
if I have kept myself from my iniquity" (Ps. 17[18]:24).

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/let-a-man-consider/>

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