

The Fifth Degree of Humility

by St. Benedict of Nursia

The fifth degree of humility is revealed through the practice of hiding no evil thoughts from one's Abbot and confessing secret sins, as urged by Scripture.

Scripture: Psalm 105:1

Topics: "Christian Humility", "Spiritual Confession"

Description

St. Benedict of Nursia emphasizes the importance of humility in confessing our sins and evil thoughts to God without hiding anything from Him or our spiritual leaders. He highlights the scriptural encouragement to reveal our ways to the Lord, confess our sins, and seek His mercy, as seen in Psalms 36:5, 105:1, and 31:5. By openly acknowledging our offenses and seeking forgiveness, we experience the transformative power of God's mercy and grace in our lives.

Transcript

The fifth degree of humility is that he hide from his Abbot none of the evil thoughts that enter his heart or the sins committed in secret, but that he humbly confess them. The Scripture urges us to this when it says, "Reveal your way to the Lord and hope in Him" (Ps. 36[37]:5) and again, "Confess to the Lord, for He is good, for His mercy endures forever" (Ps. 105[106]:1). And the Prophet likewise says, "My offense I have made known to You, and my iniquities I have not covered up. I said: 'I will declare against myself my iniquities to the Lord;' and 'You forgave the wickedness of my heart'" (Ps. 31[32]:5).

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/the-fifth-degree-of-humility/>

Grow in Your Walk with Christ

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

www.sermonindex.net