

# The Second Degree of Humility

by St. Benedict of Nursia

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*The second degree of humility involves loving not one's own will and modeling actions on the Lord's will, leading to a reward and avoiding punishment.*

**Scripture:** Proverbs 16:3, Matthew 16:24, John 6:38, Philippians 2:3, James 4:7, 1 Peter 5:6

**Topics:** "Christian Humility", "Obedience To God"

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## Description

St. Benedict of Nursia preaches on the second degree of humility, emphasizing the importance of not loving one's own will or seeking personal desires, but rather aligning actions with the example of Jesus who came to do the will of the Father. He highlights the idea that self-will leads to punishment, while obedience and constraint lead to a reward or crown.

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## Transcript

The second degree of humility is that a person love not his own will nor take pleasure in satisfying his desires, but model his actions on the saying of the Lord, "I have come not to do My own will, but the will of Him who sent Me" (John 6:38). It is written also, "Self-will has its punishment, but constraint wins a crown."

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