

# The Sixth Degree of Humility

by St. Benedict of Nursia

---

*The sermon emphasizes the importance of humility and contentment in one's spiritual journey.*

**Scripture:** Psalm 73:22, Proverbs 15:33, Philippians 2:3, James 4:10

**Topics:** "Monastic Humility", "Spiritual Growth"

---

## Description

St. Benedict of Nursia emphasizes the importance of humility in the life of a monk, highlighting the sixth degree of humility which involves being content with the poorest and worst of everything. He encourages monks to consider themselves as bad and worthless workmen in every task assigned to them, echoing the words of the Prophet who humbly acknowledges his nothingness and lack of understanding, comparing himself to a beast of burden in the presence of God.

---

## Transcript

The sixth degree of humility is that a monk be content with the poorest and worst of everything, and that in every occupation assigned him he consider himself a bad and worthless workman, saying with the Prophet, "I am brought to nothing and I am without understanding; I have become as a beast of burden before You, and I am always with You" (Ps. 72[73]:22-23).

---

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/the-sixth-degree-of-humility/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**