

The Tenth Degree of Humility

by St. Benedict of Nursia

The sermon emphasizes the importance of humility, particularly in relation to one's attitude towards laughter and foolishness.

Topics: "Christian Humility", "Spiritual Discipline"

Description

St. Benedict of Nursia preaches on the tenth degree of humility, emphasizing the importance of not being quick to laugh, as indicated in Ecclesiastes 21:23 where it warns against the folly of excessive laughter. This teaching encourages believers to cultivate a spirit of seriousness and discernment, recognizing the value of restraint and wisdom in their interactions and demeanor.

Transcript

The tenth degree of humility

is that he be not ready and quick to laugh,

for it is written,

"The fool lifts up his voice in laughter" (Eccles. 21:23).

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/the-tenth-degree-of-humility/>

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