

# A Holy Heart

by Thomas Brooks

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*A holy heart is characterized by love, joy, peace, and other fruits of the Spirit, and is always accompanied by a holy life.*

**Scripture:** Galatians 5:22

**Topics:** "Holiness", "Spiritual Growth"

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## Description

Thomas Brooks emphasizes that a holy heart naturally leads to a holy life, asserting that true holiness manifests through gracious actions and habits. He explains that just as natural habits grow stronger through practice, so do spiritual habits flourish when exercised. Brooks encourages believers to cultivate their inner holiness, which will inevitably produce outward expressions of love, joy, and other fruits of the Spirit. He highlights the importance of aligning outward works with inward dispositions, suggesting that holiness should be evident in both thought and action.

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## Transcript

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." Galatians 5:22-23

A holy heart is always attended with a holy life.

All holy habits must be brought forth into holy acts. All gracious habits must be attended with gracious motions, gracious operations, and a gracious life. Outward works must be suitable to inward habits. It is with spiritual habits as it is with natural habits--the more they are acted and exercised--the more they are increased and strengthened.

Holy habits are golden talents that must be employed and

improved. Where there is holiness of disposition, there must be, there will be--holiness of living.

Where there are the seeds of holiness, there will be the flowers of holiness.

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Source: <https://sermonindex.net/speakers/thomas-brooks/a-holy-heart/>

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