

# All Honey Would Harm Us

by Thomas Brooks

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*The sermon emphasizes the importance of balancing mercy and adversity in the Christian life, as both are necessary for spiritual growth and maturity.*

**Scripture:** Psalm 30:5, Psalm 126:5, Ecclesiastes 3:1-4, Isaiah 61:3, John 16:20, Romans 8:28, 2 Corinthians 4:17, 2 Corinthians 12:9-10, James 1:2-4, 1 Peter 1:6-7

**Topics:** "Spiritual Growth", "Joy in Suffering"

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## Description

Thomas Brooks emphasizes the transient nature of sorrow in the life of a Christian, reminding us that while weeping may endure for a night, joy will surely come in the morning. He illustrates how God transforms our hardships into blessings, turning our grief into gladness and our mourning into music. Brooks argues that a balance of both joy and sorrow is essential for spiritual health, as both mercy and adversity contribute to the growth of our faith. He concludes that the interplay of these experiences is vital for the flourishing of our souls, as trials often lead to the death of sin and the thriving of grace.

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## Transcript

"Weeping may endure for a night--but  
joy comes in the morning." Psalm 30:5  
Their mourning shall last but until morning.  
God will turn . . .  
their winter's night into a summer's day,  
their sighing into singing,  
their grief into gladness,  
their mourning into music,  
their bitter into sweet,  
their wilderness into a paradise.

The life of a Christian is filled up with interchanges of  
sickness and health,  
weakness and strength,  
want and wealth,  
disgrace and honor,  
crosses and comforts,  
miseries and mercies,  
joys and sorrows,  
mirth and mourning.

All honey would harm us; all wormwood would undo  
us--a composition of both is the best way to keep our  
souls in a healthy constitution. It is best and most for  
the health of the soul--that the warm south wind of  
mercy, and the cold north wind of adversity--do both  
blow upon it. And though every wind which blows,  
shall blow good to the saints; yet certainly their sins  
die most, and their graces thrive best, when they  
are under the frigid, drying, nipping north wind of  
calamity, as well as under the warm, nourishing south  
wind of mercy and prosperity.

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Source: <https://sermonindex.net/speakers/thomas-brooks/all-honey-would-harm-us/>

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