

# Contentment in Every Condition

by Thomas Brooks

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*Thomas Brooks emphasizes the importance of finding contentment in all circumstances through the example of Paul and the teachings of Jesus Christ.*

**Scripture:** Philippians 4:11

**Topics:** "Contentment", "Spiritual Growth"

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## Description

Thomas Brooks emphasizes the profound lesson of contentment as taught by Paul in Philippians 4:11-12, illustrating that true contentment is not dependent on external circumstances but is a state of mind cultivated through faith in Christ. Paul experienced both abundance and need, yet maintained a gracious composure, demonstrating that contentment is a learned behavior, not an innate trait. This lesson, imparted by Jesus, transcends human teaching and highlights the importance of spiritual growth in achieving peace regardless of life's fluctuations.

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## Transcript

"I have learned to be content whatever the circumstances.

I know what it is to be in need, and I know what it is to

have plenty. I have learned the secret of being content in

any and every situation, whether well fed or hungry,

whether living in plenty or in want." Philippians 4:11-12.

In these words you have first the vicissitude of Paul's outward

condition: at one time he abounds, at another he is abased:

at one time he is full, and at another time he suffers need.

You have the sweet and gracious composure of his spirit,

and this is expressed in two singular acts. The first is his

contentment of mind in all conditions. The second is his

prudent and pertinent behavior with his present condition.

You have the way how he attained this contentment of mind in all conditions: "I have learned," says he, "I am instructed;" this lesson of contentment he did not learn at the feet of Dr. Gamaliel--but in the school of Jesus Christ. Contentment in every condition is too high a lesson for any effectually to teach--but Jesus Christ.

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