

Dirt Handsomely Fashioned

by Thomas Brooks

We should not prioritize our bodies over our souls, but rather discipline our bodies to prioritize our spiritual well-being.

Scripture: Genesis 2:7, Psalm 103:14, Ecclesiastes 12:7, Matthew 6:19-21, Romans 12:1, 1 Corinthians 9:27, 2 Corinthians 4:16, 1 Timothy 4:8, James 1:10-11, 1 Peter 1:24

Topics: "Spiritual Discipline", "Body and Soul"

Description

Thomas Brooks emphasizes that our physical bodies, formed from dust, are merely 'dirt handsomely fashioned.' He warns against the tendency to pamper the body while neglecting the soul, highlighting the danger of adorning ourselves externally while our inner selves lack grace and holiness. Brooks calls for a disciplined approach to life, urging believers to prioritize spiritual well-being over physical appearance.

Transcript

"The Lord God formed the man out of the dust from the ground." Genesis 2:7

Our bodies are but dirt handsomely fashioned. We derive our pedigree from the dust, and are akin to clay. Such as have most pampered their bodies--have been the greatest enemies to their own souls. And how many are there this day who pamper their bodies--but starve their souls; who adorn their bodies--but defile their souls; who dress and trim up their bodies with gold, and silver, and silks--while their souls are naked of all grace, holiness, and goodness.

"I discipline my body and bring it under strict control."

1 Corinthians 9:27

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