

# Diseases, Aches, Sicknesses, Pains

by Thomas Brooks

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*Suffering is a product of sin, and our response to it should be one of sensitivity to God's presence and displeasure.*

**Scripture:** Isaiah 26:9

**Topics:** "Suffering", "Grace in Affliction"

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## Description

Thomas Brooks emphasizes that diseases, aches, and pains are consequences of sin, and failing to recognize this connection only exacerbates one's suffering. He explains that while grace does not eliminate human nature, it enhances our sensitivity to God's discipline, allowing us to feel the weight of our burdens without losing faith. Brooks illustrates this with examples of faithful figures who, despite their pain, maintained a spirit of gratitude rather than grumbling. He warns that indifference to God's afflictions can provoke further suffering, urging believers to acknowledge their struggles while trusting in God's purpose.

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## Transcript

Diseases, aches, sicknesses, pains--they are all the daughters of sin, and he who is not sensible of them as the births and products of sin, does but add to his sin, and provokes the Lord to add to his sufferings. Is. 26:9-11

No man shall ever be charged by God for feeling his burden, if he neither frets nor faints under it. Grace does not destroy nature--but rather perfects it. Grace is of a noble offspring; it neither turns men into stocks nor to stoics. The more grace--the more sensible of the tokens, frowns, blows, and lashes--of a displeased Father.

Though Calvin, under his greatest pains, was never

heard to mutter nor murmur--yet he was heard often  
to say 'How long, Lord, how long?'

A pious commander being shot in battle, when the wound  
was searched, and the bullet cut out, some standing by,  
pitying his pain, he replied, 'Though I groan, yet I bless  
God I do not grumble.' God allows His people to groan,  
though not to grumble. It is a God-provoking sin to lie  
stupid and senseless under the afflicting hand of God.  
God will heat that man's furnace of affliction sevenfold  
hotter, who is in the furnace but feels it not.

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Source: <https://sermonindex.net/speakers/thomas-brooks/diseases-aches-sicknesses-pains/>

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