

Holy Joy and Godly Sorrow

by Thomas Brooks

A godly man's heart can be full of both holy joy and godly sorrow, and it is in this balance that we find a deeper appreciation for God's goodness.

Scripture: Psalm 30:5, Romans 12:15, 2 Corinthians 7:10, James 4:9

Topics: "Joy in Sorrow", "The Nature of Grace"

Description

Thomas Brooks emphasizes that holy joy and godly sorrow coexist harmoniously in the life of a believer. He illustrates that a godly person often experiences deep sorrow for sin while simultaneously possessing profound joy in their relationship with God. This duality enriches the believer's spiritual life, as true joy is often rooted in the recognition of one's sinfulness and the grace of God. Brooks asserts that the heart that weeps for sin is the same heart that rejoices in God's mercy, highlighting the interconnectedness of grief and joy in the Christian experience.

Transcript

Holy joy and godly sorrow are in no way inconsistent.

Yes, a godly man's eyes are always fullest of tears--when

his heart is fullest of holy joy. A man may go joying and

mourning to his grave, yes, to heaven, at the same time.

Grace always thrives best in that garden, that heart, which

is watered most with the tears of godly sorrow. He who

grieves most for sin, will rejoice most in God. And he who

rejoices most in God, will grieve most for sin.

Source: <https://sermonindex.net/speakers/thomas-brooks/holy-joy-and-godly-sorrow/>

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