

I Meditate on It All Day Long

by Thomas Brooks

Thomas Brooks emphasizes the importance of meditating on Scripture to grow spiritually and understand God's character.

Scripture: Psalm 1:2, Psalm 119:97, Philippians 4:8, Colossians 3:2, Hebrews 4:9

Topics: "Understanding God's Nature", "Meditation on Scripture"

Description

Thomas Brooks emphasizes the importance of meditating on God's law throughout the day, expressing a deep love for Scripture. He encourages believers to reflect on the holiness and greatness of God, the beauty and richness of Christ, and their own spiritual needs and unworthiness. Brooks highlights the significance of contemplating God's works in creation, providence, and redemption, as well as the eternal rest promised to God's people. This meditation fosters a deeper relationship with God and a greater understanding of His grace and mercy.

Transcript

"Oh, how I love Your law! I meditate on it all day long." Psalm 119:97

We are to meditate upon blessed truths that

we read in Scripture, such as . . .

the holiness, greatness, and graciousness of God;

the person, natures, offices, excellencies, beauties,

glories, riches, fullness, and sweetness of Christ;

our own emptiness, nothingness, baseness,

vileness and unworthiness;

the works of God--creation, providence and redemption;

our spiritual needs;

that eternal rest which is reserved for the people of God.

Source: <https://sermonindex.net/speakers/thomas-brooks/i-meditate-on-it-all-day-long/>

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