

# Lay Your Hand Upon Your Mouth, and Be Silent

by Thomas Brooks

---

*The sermon emphasizes the importance of being silent before the Lord, trusting in His goodness and sovereignty, and waiting patiently for Him, even in difficult circumstances.*

**Scripture:** Job 40:4, Psalm 37:7, Psalm 46:10, Ecclesiastes 3:7, Isaiah 30:15, Lamentations 3:26, Habakkuk 2:20, Philippians 4:6, James 1:19

**Topics:** "Silence before God", "Patience in Affliction"

---

## Description

Thomas Brooks emphasizes the importance of being silent before the Lord and patiently waiting for Him, urging the soul to refrain from muttering, murmuring, and complaining during times of affliction. He commands the soul to find peace and stillness, recognizing that there is no justifiable reason to quarrel against God's righteous hand. Brooks encourages believers to lay their hand upon their mouth and embrace a quiet spirit, as inner turmoil can lead to accountability for our discontent.

---

## Transcript

"Be silent before the Lord and wait patiently for Him."

Psalm 37:7

I charge you, O my soul, not to mutter, nor to murmur.

I command you, O my soul, to be silent under the afflicting hand of God. Peace, O my soul! be still, leave your muttering, leave your murmuring, leave your complaining, leave your chafing, and vexing--and lay your hand upon your mouth, and be silent. O my soul! be quiet, be silent, else you will one day be called in question for all those inward mutterings, uproars, and passions that are in you, seeing no sufficient

cause can be produced why you should murmur, quarrel,  
or wrangle--under the righteous hand of God.

---

Source: <https://sermonindex.net/speakers/thomas-brooks/lay-your-hand-upon-your-mouth-and-be-silent/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**