

The Best Means to Mortify Sin

by Thomas Brooks

To attain higher degrees of holiness, we must subdue and crucify our most raging corruptions and lusts through the power of a crucified Christ.

Scripture: Romans 8:13, Colossians 3:5, Hebrews 12:1

Topics: "Holiness", "Mortification of Sin"

Description

Thomas Brooks emphasizes the necessity of mortifying sin to achieve true holiness, asserting that beloved sins act as poison to the soul, hindering spiritual growth. He encourages believers to actively dethrone their 'darling sins' through the power of the Spirit, comparing the process to the need for a poisoned person to vomit out the toxin. Brooks highlights five meditations that can aid in this process, ultimately concluding that the most effective means is to focus on the death and sufferings of Christ, which empowers believers to overcome their besetting sins. He urges the congregation to continually look to a crucified Christ for strength in their battle against sin.

Transcript

"Therefore, put to death whatever in you is worldly:

sexual immorality, impurity, lust, evil desire, and

greed, which is idolatry." Colossians 3:5

While a darling sin lives and keeps the throne in the heart,

grace and holiness will be kept exceeding weak and low. But

when your darling sin is dethroned and slain by the power

and the sword of the Spirit--grace and holiness will quickly

grow stronger and stronger, and rise higher and higher.

When a man has eaten poison, nothing will make him thrive,

until he has vomited up the poison. Beloved sins--they are

the poison of the soul, and until these are vomited up, and cast out by sound repentance, and the exercise of faith in the blood of Christ, the soul will never thrive in grace and holiness!

If ever you would attain to higher degrees of holiness, then fall with all your might, upon subduing and crucifying your most raging corruptions, and your most daring lusts!

Oh do not think that your golden and your silver idols will lay down their weapons, and yield the battle, and lie at your feet, and let you trample them to death--without striking a blow! Oh remember that besetting-sins will do all they can to keep their ground, and therefore you must arise with all your strength against them, and crush them to powder, and burn them to ashes!

Oh deal with your most enraged lusts, as the Philistines dealt with Samson--pluck out their eyes, and force them to grind in the mill of mortification, until their strength is utterly consumed and wasted.

I have read of five men, who being asked what was the best means to mortify sin, gave these answers.

Said the first, "The best means to mortify sin, is to meditate on death."

Said the second, "The best means to mortify sin, is to meditate on the judgment-day."

Said the third, "The best means to mortify sin, is to meditate on the joys of heaven."

Said the fourth, "The best means to mortify sin, is to meditate on the torments of hell."

Said the fifth, "The best means to mortify sin, is to
meditate on the death and sufferings of Christ."

Doubtless the last man hit the nail on the head!

The daily sight of a bleeding, groaning, dying
Savior--is the only thing which will subdue and
mortify darling sins!

O friends! Never leave looking up to a crucified Christ,
until virtue flows from Him to the crucifying of those
special besetting sins which do most obstruct and
hinder the growth and increase of holiness.

Source: <https://sermonindex.net/speakers/thomas-brooks/the-best-means-to-mortify-sin/>

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