

# This Is Not Your Resting-Place

by Thomas Brooks

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*The Christian life is not a place of rest, but rather a journey that will ultimately lead to rest in heaven.*

**Scripture:** Micah 2:10, Hebrews 4:9, Revelation 14:13

**Topics:** "Rest in Christ", "Hope in Heaven"

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## Description

Thomas Brooks emphasizes that this life is filled with trials, troubles, and constant changes, preventing Christians from finding true rest until they reach the bosom of Christ. He likens the Christian life to a race and a warfare, highlighting that true rest cannot be found while still engaged in these struggles. Brooks warns that the world is polluted and unsuitable for rest, urging believers to remember that their ultimate rest is reserved in heaven, free from sin, sorrow, and afflictions. He concludes with the assurance that those who die in the Lord will be blessed and will finally rest from their toils and trials.

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## Transcript

This life is full of trials, full of troubles, and full of changes.

Sin within, and Satan and the world without, will keep a

Christian from rest, until he comes to rest in the bosom of

Christ. The life of a Christian is a race--and what rest have

those who are still a-running their race? The life of a Christian

is a warfare--and what rest have those who are still engaged

in a constant warfare? The life of a Christian is the life of a

pilgrim--and what rest has a pilgrim, who is still a-traveling

from place to place? The fears, the snares, the cares, the

changes, etc., which attend believers in this world, are such

that will keep them from taking up their rest here. A Christian

hears that word always sounding in his ears, "Arise, for this is

not your resting-place, because it is polluted." Micah 2:10.

A man may as well expect to find heaven in hell--as expect to find rest in this world! Rest is a jewel very desirable on earth; but we shall not wear it in our bosoms until we come to heaven.

Man's sorrows begin when his days begin, and his sorrows are multiplied as his days are multiplied; his whole life is but one continued grief:

labor wears him,

care tears him,

fears toss him,

losses vex him,

dangers trouble him,

crosses disquiet him,

nothing pleases him.

The rest reserved in heaven for believers is a universal rest--

a rest from all sin;

a rest from all sorrow;

a rest from all afflictions;

a rest from all temptations;

a rest from all oppression;

a rest from all vexations;

a rest from all labor and pains;

a rest from all trouble and travail;

a rest from all aches, weaknesses, and diseases.

"Blessed are those who die in the Lord from now on.

Yes, says the Spirit, they are blessed indeed, for they

will rest from all their toils and trials!" Rev. 14:13

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