

# Would You Rather Be on Your Phone or Alone With God

by Tim Conway

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*To truly know God and experience His victories, we must be willing to shut off distractions and make time for contemplation and mourning.*

**Duration:** 2:25

**Scripture:** Mark 6:31

**Topics:** "Spiritual Discipline", "Quiet Contemplation"

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## Description

This sermon emphasizes the importance of disconnecting from distractions like phones and technology to truly engage in deep mourning, weeping, and contemplation with the Lord. It highlights the need to prioritize time alone with God, even if drastic measures like cutting off distractions are necessary to experience the profound victories of spiritual depth.

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## Transcript

You know what, we can run to a thousand things, you can quickly call somebody on your phone. Just every one of you just about. You have a phone right in your pocket, right in your purse.

You can, you know it's difficult to mourn when all of a sudden you get a text message and then you respond to it. I mean right at such a time where you've sinned and you're actually beginning to feel something and have some deep and real dealings with the Lord and suddenly you hear a phone beep and you actually respond to it. I'll tell you one of the reasons we don't go so deep and we don't mourn so deeply and we don't weep so bitterly and we don't contemplate things like David did is because we're so caught up in the trivialities of our, you know what, there's a time to turn off your computer, turn off your phone, guys, when I was a teenager, phones had cords that went to the wall.

We didn't even have phones you could walk around the house with. There were no phones in cars yet. Cell phones weren't even, that was on Star Trek.

I'm saying this because people actually have for a long time lived without these things. There's a time to shut them off and get alone with the Lord. If you can't do that, you're not going to know the victories of the men and women who have gone really deep with the Lord.

That's just the truth. If you've got to take a 12-gauge shotgun and put a slug hole through the front of your television in order to get alone with the Lord, then do it.

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