

# The Discipline of Pursuing Healing

by Todd Atkinson

---

*The discipline of pursuing healing is the practice of diligently seeking and receiving healing from Jesus, especially of the heart, in order to experience the abundant life he promised.*

**Duration:** 43:27

**Scripture:** Matthew 4:18, Luke 4:38

**Topics:** "Spiritual Disciplines"

---

## Description

In this sermon, the speaker discusses the importance of accepting Jesus and his teachings. He emphasizes that Jesus will always go where he is most accepted and welcomed. The speaker uses the example of a man who was preoccupied with stealing wheelbarrows and missed the valuable presence of Jesus in his life. The sermon also highlights the story of Jairus, a ruler of the synagogue, who humbly pleaded with Jesus to heal his dying daughter. The speaker encourages listeners to have a heart that welcomes Jesus and expects great things from him.

---

## Transcript

Good morning, everyone. It's possibly a little half-hearted there, but thank you. Good morning.

Nice to see you. And those that are visiting, I see Nathan Newdorf's parents are visiting from BC. Where did I see them before? And are Stephen Barber's parents still here from Aylmer? Quite sure they are.

And I think Stephen Sarah Crawford. Their parents might be here because they had a baby girl born to them this week, a little baby girl called Keris. And for the sake of all you women, the weight was, because I always say, I always want to know the name and they want to know the weight, seven pounds, six ounces.

Okay, so congratulations to the Crawfords and the new addition to your family and all those others that are visiting this morning. Lovely to have you with us. I hope you feel warmly welcomed and part of us.

Well, I'd like to turn your attention to the scriptures this morning. I'm going to continue with my series on the spiritual disciplines. If you're new to our church, whether it's just for this morning or just this is your first morning and you intend on coming, we're well into a series and so we have a congregational letter on the welcome table in the foyer kind of outlining where we're going and it would be really important for me to get a copy of that to you because it'd be like opening up a novel to the middle of the book and thinking, where are these people going? I don't know what preceded this and so I don't want you to feel like that.

So just so you know where we're going and what we're talking about, what we're learning, we've put that out there for you to get a copy of. Two weeks ago, Jep did a fine introduction to the subject or some people called it an introduction to my introduction. We don't have multiple conclusions to our sermons.

We have multiple introductions and then last Sunday, I spoke from Luke 4 on the first discipline we're going to cover called the discipline of receptivity or the discipline of responsiveness. The key truth last week was this, that Jesus will always go to where he is most accepted. That's where he'll go.

That's where his presence will go, his activity will go, he'll always go to where he's most welcome, where people most want him and accept him. So what distinguishes a disciple is that they're quick and eager to accept Jesus, to accept his presence, to accept his word, to accept his commandments, to accept his leadership, to accept his love, his instruction, his discipline. Everything he has to offer is grace.

They're quick and they're eager to accept those things from him. Well this morning, I feel like the Lord wants to speak to us about another spiritual discipline or we could say he wants to speak to us about another facet of discipleship. And I'm going to call this one the discipline of pursuing healing, the discipline of pursuing healing.

So we put these pieces of paper into the into the bulletins. Use them if you'd like and mostly it's I want to do this in a way that in some way people can connect with it through the week. Because what is discipleship that isn't walked out through the week? So you may be of the the kind of person that I don't really need that.

It's in my head and that's great. But if it would help we have put these things in there for you. So just before we take a look at our text, why don't we just spend a moment in prayer? Let's all pray and just even where we're sitting just say Lord we're under your discipleship.

We're disciples of Jesus and we invite you to speak to us. Like you did to your very first twelfth. Be with us, be with us like you were with your very first twelfth.

Speak to us this morning about your healing Lord and let your presence and your power be present to heal. In Jesus name, Amen. Well, there's a lot that we could read from in the gospel of Luke, but I want to take a short reading now and I'll do a few others later in my message, but let's take a short reading from Luke chapter 4 and the reason I want to take this is because it's obviously on discipleship and healing and this in the gospel of Luke is Jesus first encounter with his first disciple Simon Peter and it's an encounter that occurs around healing.

So it's his first encounter with him and it happens through a healing. So Luke chapter 4, let's begin to read at verse 38 and we're gonna have it on the overhead for you here. Here we go.

Jesus left the synagogue and he went to the home of Simon, Simon who was later called but Peter. Now Simon's mother-in-law was suffering from a high fever and they asked Jesus to help her. So he bent over her and rebuked the fever and it left her.

And I love this and she just got up at once and and began to wait on them. I think it can be so easy to read about the life and the ministry of Jesus as it's recorded in the Gospels and to miss the blatantly obvious to miss what is right there in front of our eyes all the time and it's this that Jesus Christ is a healer. That healing flows from him in a beautiful and natural way.

Someone visited Lethbridge a couple years ago and just told this wee story that has never left my mind of a man who worked in a sawmill and at the end of work one day he was seen to be pushing a wheelbarrow and in it a very neat brown paper package just in the middle of the of the wheelbarrow. He was stopped by the security guard at the gate who thought he might be stealing something and he said, excuse me but what's in the package? And the man said just sawdust. He said I don't believe you and he took out his wee pocketknife, cut open the package, investigated its contents and all it was there was sawdust.

Well, there was no company policy in a sawmill against having a bit of sawdust. So he let him go through. Except that the next day, same man, wheelbarrow, large brown paper package in the middle, pushing it through, the man in the guard, the security guard, stops him again, recognized him and said what's in the package? Again, sawdust.

What can you do with that much sawdust? So he still thinks something's up, takes out his wee pocketknife, carves open the package and explores the package and once again, it's just sawdust. Nothing wrong with taking sawdust. So he lets the man go through, except that the man does this every day for a month.

Every day, there he is in his wheelbarrow, brown paper package, going through, he's not even stopping him any longer, but the security guard finds that he's losing sleep because he can't figure out what this man is up to and he's sure he's up to something. So after a month of this, he stops him, he waits for all the other employees to pass and says, listen, you've got to tell me what's up. I'm losing sleep over this.

I won't report you to the authorities, but I need to tell you me, I need you to tell me what's up. And the man leaned forward and said, I'm stealing wheelbarrows. In other words, his eye was drawn to the insignificant and he missed what was patently obvious that every single day this man in his wheelbarrow went through.

His eye was drawn to that which was of less worth to completely ignore that which would have considerable worth. And I wonder if we read the Gospels like that sometimes. That there's all kinds of things that are there, But do we miss sometimes the main in the plane the thing that is so much worth and so much value and we've read it so Many times that it no longer affects us And if you read the Gospels what is the main in the plane is this you will see it on every page is that Jesus Christ? Is a healer Perhaps we miss the obvious because we're preoccupied with questions about healing good questions Did Jesus healed to prove his identity Did Jesus healed to get a crowd all other kinds of questions about healings perhaps? We miss the obvious perhaps it's because we tend to think of healing as something Jesus did Rather than someone he was He didn't just do healing He was a healer and there's a considerable difference The truth is is that we live in a broken broken broken world our lives have been broken All of us here today to some measure.

We've had hopes and dreams that have been broken Our self-image to one degree or another has been broken Whether directly or indirectly our families have suffered brokenness We've had friendships that have been broken again to one measure or another our bodies have been broken We have suffered ill health and our hearts have been broken and there is only one who has both the will and the power to Take that brokenness and to somehow piece us together again in other words to make us whole and that's what we mean when we say Jesus is a healer not just one kind of brokenness one category of brokenness, but all the brokenness in the world He's vitally interested and all the kinds of brokenness there are He wants to bring his healing to bear on them in the Old Testament. God said said this I am The Lord your healer in the Hebrew. I am Jehovah Raphael I in other words healing is not just something I do.

I am healing it's in his very nature. It's in his very name that healing would come out of him. I see in the Gospels that healing came out of Jesus as naturally as light comes forth from the Sun Healing comes out of Jesus is naturally a scent comes out of a flower in Many of our cases as naturally as crying comes out of a baby Steve has been telling me he was up four or five times in the night a couple nights ago As naturally as any of those things healing Came out of Jesus.

Have you also noticed how naturally Jesus healed people? There's a distinct lack of hype I mean after someone healed there's all kinds of excitement, but in the way that Jesus ministered healing, there's no showmanship There's no drum rolls as easily as I might go up to any one of you and just Extend my hand shake a hand and say hello. That's about how easy he gave away healing Even him the laying on of hands. It was what is about is just like a shaking hands And I love the little story where Jesus came and just he rebuked the fever like like we might rebuke a Troublesome cat just get out of here.

That's what Jesus did with sickness. He's just like get out of there and off It's scurried and and the naturalness with which this person responded in the reading that we took the day Maybe we could put it up there again Phil. I It just says this and after she was healed Look at the very last phrase she just got up at once and began to wait on them Like it's just so natural.

I was healed now I'll get up and help make this all possible and there's other readings that occur and she just got up and fit into the scheme Of things as though this was as natural as taking a drink of water to be healed by Jesus and It's just so precious to me this morning The other thing which is so obvious about Jesus healing that I think we tend to miss so obvious that we tend to miss it is how strongly People pursued Jesus for healing They were very far from casual about getting their healings. Nobody in the gospel said well if Jesus is so crazy about healing He can jolly well come to me You'll never find it anywhere in the Gospels people traveled over long distances. They overcome all kind of obstacles.

They exerted every kind of effort Just to be in the healing presence of Jesus. Let's take a look at a couple examples from Luke Luke chapter 4 38 to 41 Jesus left the synagogue Excuse me, we looked at that one. Let's look at Luke chapter 5 Second example some men came carrying a paralytic on a mat and Tried to take him into the house to lay him before Jesus So I just love this picture of friends Carrying a sick friend carrying them on his shoulders to Jesus.

I love this picture. It's not a Picture of love for one another and a picture of intercession sometimes in prayer. Don't you just carry your friends? Just carry them and put put them in the very presence of Jesus Wow When they could not find a way to do this because of the crowd They they turned back and said well, I guess it's not worth it Well, I guess it looks like it'll take altogether too much effort No They went up on the roof lowered him on his mat through the tiles in the middle of the crowd right in front of Jesus and then I like this phrase when Jesus saw their faith not even the faith of the man who wanted healing His friends wanted so much healing that Jesus saw the friend the faith in the friends Said you want healing that bad for your friend? When Jesus saw their faith, he said friends you're forgiven out.

What kind of faith did he see? It says when he saw their faith What does that kind of faith look like Well, it looks like relentless Stop at nothing pursuit of faith. It's relentless. Absolutely.

They just wouldn't give up there wouldn't be turned aside They wouldn't be dissuaded. They wouldn't be discouraged. They are gonna find some way to get this guy Into the healing of presence of Jesus and when Jesus sees that kind of faith Relentless faith diligent faith discipline faith a faith that will not give up when he saw that kind of faith he said You're healed Luke chapter 8 Verses 40 to 48 Love this text now

when Jesus returned to this area so administered in this area come away now He's coming back watch this when Jesus returned the crowd welcomed him Then we talked about the discipline of acceptance of Receptivity of making space for Jesus accepting he will always go to the places where he's most accepted Well, here's a town that could not wait for Jesus to come back and when he comes they're just so accepting of him They're welcoming him for they were all expecting and there's expectation in the air in this village and Lord Give me a heart like that a heart that just that knows how to welcome you and expect great things from you Since then a man named Jairus a ruler of the synagogue came and he fell at Jesus feet Pleading with him to come to his house because his only daughter a girl of about 12 Was dying This is a broken man Because his little girl the apple of his eye is dying and it's outside of his power To do anything about it, but he just come and he just fell at Jesus feet Even his body language just says so much.

Please help me Please help me. I'm powerless to do anything and he just pleaded he's a man of standing and an Influence and yet when it comes to this he just please help me Beautiful picture Beautiful picture let's keep on reading as Jesus was on his way the crowds almost crushed him and A woman was there who had been subject to bleeding for 12 years, but no one could heal her She came up behind him. She just pushed through the crowd and touched the edge of his cloak and immediately Her bleeding stopped Who touched me? Jesus said Peter said master what I mean who touched you everybody's touching you you're in the middle of a crowd They're all pushing in on you.

Everybody wants a piece of you What do you mean who touches you they're all touching you? Nope, someone touched me in a different way Touched me a touch that was unlike any other touch And I just amazed by the sensitivity of Jesus that this many people could be touching him But there's one person whose touch has desperation in it There's one person whose touch has Relentlessness in it. It is not gonna give up and and didn't even touch his skin He can feel it through his garment One touch that distinguishes it because it's not just a casual touch. It's not someone just brushing up against him It is not incidental contact there's someone who touches him with intentionality and He feels it and responds to who touched me.

No. No, it's not just the crowd Someone touched me with a different kind of touch then he said to her daughter your faith your your touch had faith in it Relentless don't give up faith Your faith has healed you Go in peace. I Find it interesting that some of these instances of Jesus healing are truly life and death It's a little bit easier to be desperate in life and death situations But other instances are not so dramatic I mean in some of these instances the people presumably could have continued to live with these infirmities.

They lived with them for a long time And they probably could have lived with them for a lot longer. But what amazes me is that they chose not to Healing was available and they were just as eligible as someone who was on death's doorstep and This has enormous relevance to us because we live in a broken world and all of us here this morning Have some degree of personal brokenness All of us have some degree of unresolved pain and And every single one of us Stand in need of some measure and some kind of healing But most of us decided that we can live with our pain and that healing as nice as it would be Isn't that critical? We tell ourselves. Well, it's not life-threatening And in one sense, I think you're right It's not life-threatening in the traditional sense of that phrase, but in another sense, we are quite wrong Unresolved pain persisting in our hearts Is life-threatening in that it steals life from us? By degree just ebbs your life away Every single day and keeps us from the life that Jesus promised us all of us No, Jesus promised this abundant life and yet most of us are left asking.

Where is it? Touch it occasionally briefly But where is it? Why am I not a candidate? Why do I seem to know so little of it or why do I seem to know it so infrequently and? It's because of pain in our hearts The place where abundant life resides Is in the heart And when pain occupies the heart it leaves little room for anything else It will push the life of God to the perimeter pain will always have a way of moving center stage and occupying the center place of your heart and Pushing all the thing else to the side Therefore we must be like the characters in the gospel We must be like them Who saw that healing flows from Jesus as naturally as light from the Sun He is a healer by nature. He loves healing healing is what he is about That he the healing of Jesus secondly comes to those who diligently pursue it and especially healing of the heart My own healing story I've spoken of it a little bit here but we're a Lot of new people here so briefly about a year and a half ago I was in prayer, and I just felt I was having a hard time connecting in prayer and One of the things that wouldn't leave my mind is that life here in my in my inner life seemed so different than it did in Scotland It was like through the having to leave there and the pain associated it was like I left part of my heart there and I have been so diligent trying to find it again and Trying to pick up that piece again and yet I feel like I've been able to do so so I was really out praying I was out in the mountains and just said God I I Feel like I I lost part of myself, and I don't know how to find it. Please help me Until one given day after a while of pursuing this I feel like the Lord begin to speak to me out in the mountains and Say to me Todd That's broken heartedness They said you know broken heartedness is in the Bible you preach about broken heartedness But you always considered a category that you don't belong to And he's absolutely I never thought of myself in that category.

I want to minister to the broken heart I just didn't realize that's one of them So I said Lord, okay, I don't really understand this but teach me and I I began to realize that when the human mind Has too much pressure in life exerted over it. It can snap When human emotions have too much pressure exerted on them people's emotions can snap. It's a breakdown When a human body a bone has too much pressure upon it.

It can snap and break But when your inner life your heart has too much pressure you have episodes in life When so much pressure is exerted upon it in much the same way it can snap and the result is broken heartedness I Said Lord if I if I break a bone at least I know what to do But I go to a doctor I see people for prayer they lay hands on me But this is not terrain that I'm familiar with. What do I do? And I just began seeking Jesus Or I got I got a broken this down here And and and as I began to meditate on the scripture and realize that Jesus said the spirit of the Sovereign Lord is on me He's anointed me to to heal the broken-hearted. I realized that broken heartedness is not really down here on his agenda But it's up here.

In fact, I began to realize that in my life It's even more important than healing my body because my body I will have for a brief time But my heart my person my inner life I will have for an eternity And he is so committed to my wholeness Sometimes he may heal my body simply to get my attention to say don't you wouldn't you like me to heal a deeper part of? But sometimes he'll even withhold healing from my body to say there's a more invaluable part of you that I want to heal You are not just your body Please let me heal you So I continue just to pray That he would heal my heart one day someone phoned me up it was Kelly here and Said Todd some group of men are going to Calgary for a conference Wondering if you'd like to go with him. I don't think I'm able to go. My first thought of course is How am I gonna be able to afford to do that? So he says I didn't mention he just says I just like you to have my ticket.

I've already paid I've already registered. We're going to a hotel. You can just have mine.

There's my obstacle out of the way So I said well when you're going thinking it's probably a couple weeks time it says we're going in a couple hours But I was so in prayer about healing all is I just like, you know, maybe this is the Lord Put this in my path So I said yes Really enjoyed the company of the men that went there as a men's conference. I was a 4,000 man or something Very special but it was more than just the conference. I was on a path that God had me on Of which there was many steps And many instrumental things at the end of the conference the people who had put it on just said we're just gonna come up We're just gonna pray for you.

There's I mean, it's not even very personal. It's just a group of men praying for 4,000 men But something happened in that prayer time I Didn't feel it immediately but by the time I got home and for the next three days God's manifest healing presence rested on me and didn't leave me day or night And I all I can say is it felt great I don't know if you're supposed to talk that way about healing, but it's just like I was just it was wonderful Because he was bringing some healing where there'd been brokenness and and I'd remember just sitting on my couch and thinking this is great The gospel really is good news Free me even realizing that in the gospel was not just about saving me from my sins It was about healing me from the consequence of sin in my life and the brokenness and the fracturing it had produced But Jesus died for that and cares about that Wasn't just like well here. I'll just deliver you from hell, but you can spend all of eternity in a broken-down state My wholeness was was one of the things that was on his mind when he paid this ransom And I just sat there thinking I wish the whole world could have What I have now, you know, I probably thought well, that's great.

That's the healing chapter of my life. Sure glad that's done How's that for mail But what it was was a very important step and over this summer he's been doing more and I'm up for it and Want to walk in his ways Why do I speak of pursuing healing as a discipline number one because it takes some real effort It takes some diligence on our parts it takes some desire It may be the case that healing of the heart involves even more application of ourselves than healing of the body Because your heart is a much more complicated part of you Much more involved and fragile Number two because pain is a powerful Influence in our lives it guides our choices It affects our decisions It influences the outcome of situations and there are as many examples as there are People here So, how does it affect you I had a wonderful conversation with a teenager this summer Wondering why her friendships were not Going right. She seemed to be losing friends.

Well, I began to make inquiries. I found out that she had a tough year at school and Feels a lot of rejection coming that so she's overcompensating And now when she does come to a friend she holds on so tight that she's almost pushes them away And so because of the pain of a whole year, it's now having this compound effect and Affecting all of our friendships that happens to young and old that happens to any one of us here at a friendship gone bad at a previous stage of life Put up all kinds of protective walls around ourselves and wonder why thereafter we never have another tight-knit friendship again And so it's it's pain. It's unresolved pain from that situation Continues to be this dominant factor in our lives and there's a hundred reasons why we throw up why they won't be friends with us When the truth is it has more to do with our own pain Than probably anything else.

I Can tell when someone comes to our church and they've come from a tough church situation Unresolved things with their last leaders. I feel so vulnerable because guess what? Subconsciously, they're almost just waiting for me to trip up and Something in them will trigger go out. So I just know he's just like all the others.

I feel it's literally it's a relationship It's like a walking landmine It's just waiting for me to step on it and it will blow up in my face and I will be held responsible for everything any leader in their entire life ever did to them and It's true. I Find that I can do a thousand kind generous good things until one thing one misunderstanding happens the scales tip disproportionately and It's every good and kind thing is forgotten and all of a sudden there's one thing that is a misunderstanding Is that big is the CN Tower? Inversely of leaders who have suffered genuine rejection and now have a hundred reasons why they don't want to get back into leadership Hundred justifications, but really it's because you got burnt and none of us really like getting burnt and you got hurt and you suffered rejection and Now it hangs over you like a dark cloud. And sometimes when we suffer rejection leader or not, we read it in the situations It becomes a lens through which we look at life through So that someone whether they're acting in rejection or not We will take it from them and we we read it into their gestures And is the truth that they're rejecting us no, it's because we have a suffered true rejection now It's got unresolved pain in our heart.

We carry it with us and guess what that pain does in our heart It acts like a rudder on a ship. It's not very big. It's behind the scenes You have a huge big ocean going vessel and a little rudder behind but that rudder steers that gigantic thing And our run resolve pain ends up doing that in our lives.

It guides us Think well, I can hardly see it now. It's there and it ends up guiding there's things that we don't say yes to and The real reason is because we were hurt last time we stepped out So we continue now To say no to we had a business partnership go bad. So that's it.

I'm never gonna be in a partnership again Friendship go bad. That's it. I'm never gonna be in a partnership again or a friendship again Last church situation go back So I'm never gonna commit myself to a church again and people have all their theological reasons supposedly for why that's legitimate And it is not it is simply coming out of the fact you got burnt at your last place And you don't want to be burn again, don't worry, I don't like being burnt either but I don't want that To Guide and influence my life, you know your pain if you if left unhealed Listen to this your pain if left unhealed Can have more influence over you than Jesus does That's a fact Jesus asked you to go do something and your pain says no don't dare which one do you listen to? Because you know who your disciple or is you want to be a disciple you want to be Disciple, but whoever your disciple or is is the one that you have given greatest influence to in your life So you have a choice I'm gonna listen to my pain I'm gonna listen to Jesus If the majority of the times you listen to your pain you are then a disciple of your pain More than you are a disciple of Jesus Because when he's jumps he says jump you don't say oh hi, but when your pain says avoid that you'll avoid it at all costs And that's why this must be raised in the context of discipleship if we always do exactly as our pain dictates Then we will treat our pain effectively as our Lord.

I Jesus our Lord But your Lord is the one you listen to You think wow it's getting kind of still in here You okay Thanks for nothing Todd Speak about my pain and then ask me if I'm okay This is serious You want to live your whole life under the shadow of your pain the People we see in the Bible that attention is put to there were people that said I won't live all my life in the shadow of my pain But I will diligently pursue Jesus because he's the healing guy He's the guy the healing flows through as naturally and as beautifully as Light comes from the side if we just get around him If we just put ourself in in that light in that presence Healing will come to us and they did And they ended up being Jesus closest friends. Therefore calling Jesus Lord includes making him Lord of our pain It means Letting him into our pain And We all have it and I am so thankful to be part of a church family That says it's okay to talk this way The Christian life is not about trying to disguise our pain Repress our pain wish it away and pretend it's not there and Think that somehow that is spiritual I I Want no part of that kind of Christianity It lacks a distinct authenticity And

therefore Mars our witness To the world around us, but I'll tell you people that'll go. Oh, yeah, I got some pain But the Lord Jesus is a wonderful healer and I'm putting myself in the presence of his healing and he's doing stuff And I'll tell you the world will lean forward and listen to you Calling Jesus our Lord our disciple or means a diligent pursuit Of the healing that comes from him in it this type of healing doesn't usually occur in an instance You know that in the Bible there are two kinds of miracles There are progressive miracles Ones that take place over time and there are spontaneous miracles As charismatics we tend to prefer spontaneous miracles.

We prefer them over the other kind They seem to have a little bit more something to them and ooh and awe factor but in the Bible God does never prefers one over the other he will choose whatever is right for the situation and healing of the heart is almost exclusively a progressive miracle Think of some of the progressive miracles in the Bible starting with creation God who could have created everything in the twinkle of an eye Just does a little bit and then he goes boy. That's good. I do quite a nice job there Next day says let's let's advance that Adds to creation says that's a very fine job.

It's not complete. It's not perfect. It's so good.

He was so pleased with what he'd done And the third day does the same thing again and again and maybe that's what he would like your healing to look like Just keep advancing it Advancing it consider Naaman that we talked about last Sunday Who just dipped in the River Jordan as the Prophet said and if he had stopped short his healing would have disappeared he just kept dipping and dipping and Dipping and sometimes I just have to go to the pool of Jesus healing and say Lord. I'm I'm just gonna dip there Every chance I get in your presence. I'm just gonna dip there again Consider The blind man in Mark's gospel Jesus prayed for him and then said Do you see anything yet? The man replied while I see people but they look like trees walking around in other words I I can see a little bit.

I can see a silhouette. I can see their outline, but I can't see anything clearly I can't see detail So now if it's okay for Jesus to pray for people and they don't get completely healed in an instance Just perhaps it's okay for you and I So, what did Jesus do Once more Jesus put his hands on the man's eyes. Sometimes you just got to go to healing for Jesus just just once more Just Once more put your hand on me or just once more.

I got to be in your presence just once more I need you to heal another part of my heart once more Jesus put his hands on the man's eyes and Then his eyes were opened his sight was restored and he saw things clearly if you live out of your pain You will not see anything in life clearly Everything will be mark. You'll not see him clearly That's yourself Your own value clearly you will not see life situations around them and to see God's hand in them clearly Unless we get healed If you're in the custom of filling out these things key truth Jesus healing was made available to those Who diligently pursued it? Guess who got healed people who wanted it Leading question Are you aware or am I aware of the ways in which my unresolved pain Affects my decisions Are you aware of the ways in which your unresolved pain stills there like the rudder on a ship guiding you Informing Your decision it affects what you commit to It affects what you don't commit to what you say. Yes to what you say no to How you treat a situation how you handle it what you hope for in the future? And for next week Luke 22 Just join me in prayer, please Hard to preach about pursuing healing In a disciplined way without giving people an opportunity to Pursue healing in a disciplined way My father in heaven I asked that your power Would be present To heal Right from the front to the back from the left to the right That your healing presence would be here isn't and come forth as naturally As light from the Sun Lord, we especially ask for healing of our hearts that have been bruised

and Broken Lord if you want to heal our bodies, we know that you Would love to do that But we also know that our hearts are of far greater value So we come to the communion table and Remind ourselves of the prophets words by his stripes We are Healed

---

Audio: <https://sermonindex1.b-cdn.net/28/SID28744.mp3>

Source: <https://sermonindex.net/speakers/todd-atkinson/the-discipline-of-pursuing-healing/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**